

PE and School Sport Action Plan Mount Charles School 2022–2023

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2022/2023	Funding allocated £19400
Lead Member of Staff – Shaun Grigg Sports HLTA Martin Yelland	2022/2023	Governor responsible –
Total fund allocated -		



Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Act	ions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
MCS has two allocated PE	Since Covid, the swimming		We are covering all the PE	Our current PE curriculum covers all
slots each week for all infants	provision has changed. It is		objectives detailed on our	aspects as outlined in the National
and juniors. One of these slots	now taught in weekly blocks.		progression map through the two	Curriculum. We will continue our
is taught by a PE specialist. In	At MCS we have committed to		weekly slots	comprehensive coverage.
KS2, swimming is taught as	two weekly blocks.		We have encouraging swimming	Swimming data is starting to recover post-
one of these slots when	Post lockdown in 2021 we		data that's is above national	Covid. Our aim is to return to our pre-
possible.	introduced a 'recovery' unit to		expectations.	Covid standards as we recognise the
	each year group. This was		Inactivity is still a national issue.	importance of swimming competence in
	based around improving		Our aim is that the recovery unit	our county. Our target is above 90%
	stamina and recovering some		helps our children focus on	completing 25m and self-rescue. We think
	of the ABC skills (agility,		personal best and being active.	this achievable with two intensive weekly
	balance and co-ordination)			blocks per year group in KS2. We will
	lost during lockdown. We will			consider the use of additional funding for
	again teach this unit as it			'catch up' swimming sessions for certain
	replaces a swimming unit that			children
	we would have taught in			Our recovery 'Fitness' unit plan is taught in
	previous years.			all KS2 classes and links well to our Healthy
				Me topic in PSHE.
Encourage use of equipment	Class Tas are with their own	£TA hours	Children engaged in active	This year the addition of Play Leaders
& active playtimes	classes at breaktimes. This	LITTIOUIS	playtimes. We rota year groups	during the longer lunch break has help to
a delive playtimes	relationship should mean that		onto different playtimes so each	support the Tas in organising active games.
	it is easier to engage children		gets to have ball games and	We are pleased with how our Leaders have
	and to take part in their active		access to the Trim Trail and	engaged with the younger children and will
	breaks		climbing wall through the week.	continue with this structure.



Sports HLTA to	Employ Sports HLTA (Mr	£12407	Mr Yelland has been able to	This is a large part of our Sport Premium
Coordinate playground games	Yelland)		promote physical activity at	Spend but provides a vital role. Having a
and be on a Rota to move			breaktimes and lunchtimes. He	sports HLTA allows the school to maintain
around year groups,			has organised games and the	its excellent offer of extra-curricular clubs
organise games, supervise			children are keen to participate.	and to attend inter school competitions
activities, resolve conflicts			He has worked 1:1 on PE skills	and festivals.
and help create a positive			with targeted children during	It also offers support to the PE Lead and
playground atmosphere.			movement breaks. He delivers an	helps promote our school's ethos about
To provide movement breaks			after-school club each day	being physically active each day.
for targeted children. MY will			enabling us to keep a wide extra-	This year our local sports network has
offer wider opportunities for			curricular offer. He helps to	offered a wide range of events aimed at
school sport by running clubs			organise the administration of	participation for all. We have entered as
after school and attending			running clubs and in bringing in	many of these as we can and are pleased
festivals and competitions			external providers.	with the amount of children we have
both during and after school.				involved in sports competitions this year. In
				addition, Mr Yelland has organised friendly
			Mr Yelland has organised our	sports fixtures with local schools which
			attendance at fixtures,	again has boosted opportunities for
			competitions and festivals this	participation.
			year. He works with the PE Lead	We will continue to provide opportunities
			to select children for events using	for all sporting abilities.
			our data we record on the	We select children accordingly. We have
			Absolute Education APP.	competitive fixtures for our most able. We
				also ensure that we give opportunities to
				targeted groups such as PP children or
				those that are less active.



	T			
Keep PE teaching resources up to date Maintain high quality, active PE sessions Keep a dedicated store of PE equipment separate from playground equipment	We are using Davies supplies as they are more efficient. They offer quick reliable service and willingly replace faulty or damaged equipment. (playground balls, mini tennis, stopwatches etc.)	£ 223.97	We have an inventory of all the PE and School Sports equipment. We have maintained it this year and have only needed small top ups.	We are well stocked with resources. We had planned to host a GB Athlete event this year. This involves a fundraising event that also generates sports vouchers that we can spend on PE resources. In the current economic climate, we have chosen not to host the event this year. We will revisit this next year and reassess.
Access to swimming	MCS Swim shorts various sizes for boys. MCS costumes for girls. Towels Goggles, hairbands.	£97	Ensure that all can attend swimming even if suitable kit is not brought from home	While most have kit we do not wish to have an barriers to attending each day during our swimming weeks
Access to PE & school sport	Build up a stock of spare kit. Each class to have size appropriate spare kits. Arrangements made for those that regularly don't have kit.	£254.73	We will improve full participation in PE lessons.	Improve pupil perceptions of PE. Raise understanding of preparing properly to be active and lead healthy lives. Link to provision for PP children annually.
Engage children in more regular exercise	Active break times	£633.08	New basketball hoops and backboards installed. Hardwearing fixings to improve longevity. These have not lasted in the past as the plastic backboards are often damaged accidentally during PE or playtimes.	The children enjoy using these during playtimes. We also need these to improve Netball club. PE units also include basketball so this should improve our PE curriculum as well.
Engage children in more regular exercise	Offer a wide range of active extra-curricular clubs	£ None	We have good numbers attending these clubs. 46% in Autumn , 51% signed up in Spring and 39% in	Look to involve more providers next year especially for clubs that it is difficult for staff to offer. This is limited in part by



			the Summer term. Overall this year 67% of our pupils have tried at least one club (compared to 54% last year This includes 52% of our SEN children and 62% of our PP children	available space. It is also challenging to find willing partners. In the past we have used Go Active, but they are unable to staff this in the current economic climate.
Engage children in more regular exercise	Return to involving external providers. Offer more wideranging clubs. This year we have had a dance club offered by 4 Real Dance	£286 (minus pupil contributions)	Dance club has run this year by 4 Real Dance for KS2 children. It has been partly self-funded with children paying £1 per session. Numbers have been good and show that there is an audience for this if we can get the offer right	
Engage children in more regular exercise	Summer Clubs run by teachers and MY for their own year group.	£None	Club is based on improving fitness and aiming for Personal Bests in Athletic activities. Feedback from staff and pupils has been positive. Club is planned by PE Lead and MY and continues to address loss fitness and skills during the Covid periods.	This has helped develop the confidence of staff that don't normally run sports clubs. While a variety of clubs is run in other terms we want the focus to be on physically active clubs during the Summer Term.
To raise water confidence and love of swimming at MCS	Intensive week swimming lessons for KS2	Transport costs-see below	All KS2 classes will have two intensive weeks of swimming lessons this year. Progress will be monitored. Our aim is to reach pre-Covid levels of competency and confidence.	As this skill is vital to those living in Cornwall, we will continue to fund this next year. We will look at the costs of our offer and the success it is bringing. We will monitor those children making less than expected progress and consider how to change this using Sport Premium money.



				We would like to offer an extra-curricular swimming club and swim competitively. This is proving difficult under current arrangements with Polkyth and GLL. Our Speed Swimming team's success in the past has given us a reputation locally as a sporty school. This is something that our parents value.
Children will improve their fundamental movement skillsbalance, locomotor and ball skills. Provide a positive start to the day for targeted children.	FunFit program	£included in M Yelland's wages	Mr Yelland has run this daily in the hall. Different children have accessed this through the year and MY maintains a register. It has a positive effect on getting children in to school on time and ready to start their day	We will continue to fund this program next year. Children on this programme are often identified in our assessment as achieving less well than expected in PE lessons. This is one way that we look to address this and to help them bridge the gap to their peers.
Promote active playtimes work towards Active 30	Play Leader training program	£ Included in our PSSP subscription	We will train our year 5 cohort at the course run by Poltair School Sport Partnership (PSSP)	This year's cohort have done an excellent job supporting active playtimes in our younger age groups. It is a responsibility that the majority engage with and provides good role models for younger children. Next year we need to look at how to keep this enthusiasm going. Timetables have been set up to address this, but needs work to plan for a successful year next year.

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement



Act	Actions		Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
Effectively store and use data collected about Sports, PE and Extra-curricular offer at MCS.	Subscribe to Absolute Education	£325 subscription	We are using this to record Club registers. We record participation at sporting competitions, festivals and events. We can analyse intra and inter school competition. We use the data to identify our less active pupils and look at ways to address this.	We will continue to subscribe to this App as it helps us store information in one place. In addition, it allows us to identify inactivity and respond accordingly.
Being members of sports associations that will provide various CPD opportunities and access to resources and competitions.	Subscribe to Poltair School Sports Partnership (PSSP)	£1500	This has given us access to a variety of festivals and competitions this year with our local area schools. We have also competed in School Games qualifiers and the County Cross Country competition. The competition entry requirements have been inclusive. Some events have targeted our best athletes while others have been aimed at children that have not had opportunities to represent their school previously.	This is the second year of the Poltair School Sport Partnership (PSSP). It has timetabled a regular slot for events. It is an important element of our children's access to competition and we shall continue to support it next year. A number of schools, including MCS have been part of meetings aimed at assessing and improving the offer provided by PSSP. PSSP have also engaged with the CELT subject leader meetings and provide a good link between primary and secondary PE & school sport.
Other memberships (as above)	Youth Sports Network	£none, included in	YST have provided valuable resources throughout Covid and during the Post-Covid recovery	YST with AfPE have been vital in analysing the effect of Covid and in formulating a response. We will continue to be members.



		PSSP membership	period. We have received survey data to keep us informed on the impacts of Covid on children's physical activity. We have had CPD as detailed below.	They also offered a School Award for PE that was run in conjunction with Poltair School Sports Network this year. We aim to complete this award next year.
Other memberships (as above)	Membership of local sports associations e.g. St. Austell Primary schools (SADFANA) football/netball/athletics	£no subscription fee this year	We meet annually to review the league format. Only minor changes were made. Fees were waved for this year as costs have been minimal during the Covid period. We have sent A, B and year 3&4 football teams to fixtures this year. We have sent A and B netball teams We have attended Year 4, 5 and 6 competitions reaching the Year 4 county finals.	We have sent A, B and year 3&4 football teams to fixtures this year. We have sent A and B netball teams These are the competitions we regularly enter. We have managed to meet all our fixtures this year despite having no football pitch. While negotiations over the use of the field continue, we will play games away at other schools. Next year we hope to use facilities at our local secondary schools.
	Kwick Cricket entries-Cornwall Cricket Board	£72	We aim to enter competitions for year 4, 5 and 6 and girls' teams.	Cornwall cricket have also offered festivals for KS1 in the past that we would support again.
	English FA School membership	£25	We have competed in two football cup knockout competitions and a separate girls cup. We have also attended a 7-a	An additional year 3 & 4 tournament has been arranged this year. We will support this and any further opportunities offed by
	Cornwall FA Competition entry	£75	side tournament organised by the FA	Cornwall FA
Staff and children to value PE highly	PE kits to be worn by all children. Reduce amount of non-uniform items.	£ 254.73	Children are keen to change and always have the kit they need in	PE lead will include the success of this in monitoring visits. We will be preparing children for secondary school properly and



			school. Staff monitor, promote and reward this.	our policies will be more in line with these schools.
Maintain quality PE provision	Complete Subject Leader priorities including 100-day subject plan, monitoring and pupil conferencing.	£Leadership time	Termly targets can be tackled. Delivery of PE is consistently good. Support can be put in place by PE Lead and Sports HLTA	Subject priorities are also discussed at CELT Subject Leader meetings. Many are common to other schools in the trust and this offers an opportunity to find shared solutions.
Parental and staff voice	Surveys to arrange and feedback sought.	£Leadership time	Feedback used in planning for Sport premium spending next year.	Office to set up on line surveys using Google doc. Decide on when to best collect this data -end or beginning of year?

Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Improve knowledge gained	Introduce PowerPoints linked	£ Leadership	Staff will focus on activities in the	Monitoring will reflect	t the improvements
and retained	to the Medium- Term Plans	time	lesson plan that deliver the	made. Children will kr	now what skills they
	for each PE lesson		learning objective. Children will	are learning. They will	l also know why they
			be able to explain what they are	are learning this skill and how it fits into the	
			learning.	unit overall. They will be better able to	
			Children will self-assess against	understand the progre	ess they are making.
			Gold, Silver and Bronze success		
			criteria.		
Improve knowledge of teaching tennis skills	St Austell Tennis Club taster sessions. Staff to work alongside	£ Free sessions	St Austell Tennis Club have been back into school this year to run taster sessions for several year groups in the Summer term. Great activities for staff to use in future.	We aim to establish b local club. This year or girls' tournament with initiative	ur coach has run a



PSSN Play Leader CPD	Mr Yelland to attend training with children selected from year 5	£ Free with membership of PSSP	As above, we will aim to increase activity and co-operation at playtimes. We will improve pupil voice, engagement and responsibility	The trained cohort will act as Play Leaders next year. We will review its success and Mr Yelland will organise training for the following cohort.
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Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability	and next steps
Intent	Implementation				
Engage children in cycling. Teach a skill for life!	BIkeability- delivered to year 5	£None (37 free funded places)	We had 25 pupils participate this year, of which 23 achieved Level 2 and 2 children achieved Level 1 certificates	This year we have had a new provider. Funding for them is uncertain at the moment but we aim to run this again new year. We have had new bike storage this year and some of our children in year 5 a already cycling to school.	
Encourage an interest in trying a new sport	Cornwall Golf worked with our year 5 cohort in the Spring Term. There will be an after-school club open to KS2 during this period.	£ free of charge	All children in year 5 tried a new sport at an appropriate level. Links established with a new sporting organisation. select children from year 5 for our School Games Tri Golf festival.	This is the first year we have worked to Cornwall Golf after meeting with them the Cornwall PE Conference. We hope we can arrange similar sessions for ne year and develop this new link with a sport.	



Help to keep children active during holiday periods	Active Cornwall Holiday club at Poltair School. They offer physical activities that children may not have tried before. This includes funded places for those children in receipt of Pupil Premium. The day includes lunch.	£None	Children and parents have been signposted via the Newsletter and email towards options for holiday periods. Links have been sent to parents. Pupil Premium children will be able to access these activities for free.	PSSP will provide us with lists of children that take up this offer. Link with PP strategy and explore ways to increase uptake.
Promoting attendance	Go active will visit to offer sessions of different activities e.g. street surfing. These will be offered as a reward for those with high attendance	£Not through PE budget	Generates discussion about attendance and gives an incentive to continue with high attendance.	We trialled this in the Spring Term with a view to repeating it.
Encourage interest in girls football in KS1	PSSP coaching. Weekly sessions with the girls in KS1 classes	£ included in PSSP subscription	Sessions were well run and pupils enjoyed them	PSSP are trying to offer other coaching sessions through the year. A positive start.

Key Indicator 5 : Increased participation in competitive sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
We keep records of				
participation on Absolute				
Education.				
Our figures have shown				
another improvement this				
year as we recover from				
COVID and the lack of				
opportunity at that time.				
Overall participation at				



competitions this year 71% (49% last year) This includes 64% of our pupils with SEN and 64% of our PP children				
Play league fixtures in football and netball	SADFANA membership	£No fees this year as above	Our netball club has 24 members and our Year 5& 6 football club has 29 members. We have taken two yr 5/6 teams of football and netball to each fixture this year, together with a year 3&4 football team. Our B football team won their league this year and our A team won the Rosewarne County cup for the first time since 2002!	The league is well run and one of our staff team acts as treasurer for the league. We will continue next year.
Increase participation in competition	PSSP competitions and festivals	£PSSP membership	KS2 events (Fourteen events to date including basketball, Girls Football,& Tri Golf) KS1 events (three to date including Multi skills, cross country and girls football)	The aim is for weekly sporting events or CPD sessions and this has worked well for us. Knowing that the events are on a fixed day has helped us plan attendance and we will sign up for this again next year.
Increase participation in competition	PSSP run cross country league	£Included in PSSP membership	We have taken teams to all five area races and had 20 qualifiers for the area finals held in the Spring Term	Our team has been taken mainly from our records from running club run by Mr Yelland last year and our knowledge of our keen runners. Next year we would like to have a cross country /running club again. We would also like to hold our own Intra School



				competition next year. This will be dependent on facilities.
Increase participation in competition	Organise friendly football fixtures for those not involved in league matches from the year 5/6 football club and the year 3/4 club.	£Transport	We have continued to offer football club to everyone, rather than just the school team. Some children have not been selected for school league matches but all have played in at least one friendly fixture.	We have managed this without our own pitches this year and will continue to expand this next year looking at opportunities for our younger players.
Increase participation in competition	Girls football matches	£transport	Girls have played matches and cup competitions this year. All girls involved in our after- school club have represented the school As mentioned above we have had coaching and a festival for our KS1 girls in the Spring Term.	Mr Yelland has offered a successful Girls football club again this year. We aim to continue to raise the profile of Girls football next year and will look at external coaches running introductory sessions for the lower juniors.
Increase participation in competition	Cricket competitions	£transport + entry fees	Cornwall cricket run tournaments during the Summer Term	In the past we have attended year 4,5,6 & girls matches
Increase participation in competition	Update netball kit. New skorts and bibs in appropriate sizes	£Sponsored by Imerys	Imerys have agreed to sponsor the full amount for the kit supplied by GAME (over £700)	We have good quality kits for other sports and netball has lagged behind. Pupils should feel proud to wear the new kit!
County school games participation	PSSP run qualifiers are held at different times through the year. This year instead of one grand final, events will be held throughout the year on a smaller scale	£none	We have entered most of these events. The qualifiers are 'participation' events and we have looked to take less-active children that wouldn't normally get chance to represent the school.	The school games events have formed part of the School Games award in the past and we will be looking at the criteria for this next year.



Offer opportunity to improve fitness and compete for personal best	Summer Clubs offer to have a 'Personal Best' Sports Club for each year group run by the class teachers and supported by MY	£none	MY and SG have written plans for teachers to use. There are weekly fitness challenges and weekly events based on Athletics. The children time or measure each other to give them a personal best score. The children get opportunities to try to beat that score.	This forms part of our ongoing strategy to address post-Covid activity levels. Feedback from staff and children was positive last year. We now need to promote it and increase attendance numbers. Next year we look into a fitness competition or award to encourage participation further.
Competition for all children	Intra School Competition	£ none	MY has done this in PE for some units with year 5 and year 6 children. In the Summer Term we held Wimbledon style tennis tournaments.	We still need to develop this. We are currently looking at how our PE units lead to mini sided games where we practise the skills being taught. We will look at how we can introduce competition to the end of units and reflect on the skills and knowledge we are able to apply.
Competition for all children	Sports day- tape, drinks, tarpaulin and stickers	£ 89.94	We have restrictions on using our field and this prevented us holding a Sports Day at our site last year. However, Penrice Secondary School offered us their use of their grounds again and we were able to hold a very successful event	This again, was a real success. Penrice was large enough to accommodate both our Infant and Junior Sports Day events at the same time. Parents were able to attend as well. Parents and children have given us positive feedback. Penrice are willing to offer this to us next year, if needed.
Staff cover in place to allow attendance at festivals and competitions	Supply cover	£ none to date	While Sport Premium money can be spent to cover events, at present this is covered through the staff budget.	As costs rise we will need to be mindful of this.



Attend a wide variety of competitions in a range of sports	Cover the costs of transport of festivals, fixtures and competitions	£4884.35 (Additional costs for transport to swimming are included above)	Where possible we have share transport with another local school. We have also arranged friendly fixtures with the local school that we can walk to we have saved £1227.50 be sharing transport with a local school this year.	fixtures as away games which has increased costs. We hope to have our playing fie issues resolved as soon as possible.	eased
Meeting natio	Meeting national curriculum requirements for swimming and water safety				
What percentage of your a distance of at least 25 m year?	1 //1% 11 (101 1/4/11 //6%)				
What percentage of your crawl, backstroke and bre academic year?	, front 60% (Last year 52%)				
What percentage of your situations when they left yo	ed 74% (Last year 76%) As per the 25m distance figures above				
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?					
Total funding -	£19400	Total funding all	ocated to date –	Total funding to be allocated -	