

PE and School Sport Action Plan

Mount Charles School 2021–2022

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2021/2022	Funding allocated £19560
Lead Member of Staff – Shaun Grigg Sports HLTA Martin Yelland	2021/2022	Governor responsible – Julie Barr
Total fund allocated - £19,560	To be Updated – Jan 2022	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
<p><i>MCS has two allocated PE slots each week for all infants and juniors. One of these slots is taught by a PE specialist. In KS2, swimming is taught as one of these slots when possible.</i></p>	<p><i>Covid restrictions have led to changes in the swimming provision and the availability of swimming slots. Additional units have been taught instead of swimming. Post lockdown in 2021 we introduced a recovery unit to each year group. This based around improving stamina and recovering some of the ABC skills (agility, balance and co-ordination) lost during lockdown. We will again teach this unit where swimming has not been possible.</i></p>		<p>Coverage of PE units has returned to normal this year and we are covering all the PE objectives detailed on our progression map this year. While slots have been limited, each year group in KS2 has received at least one intensive swimming week and progress has been positive. Year 6 achievement in swimming is satisfactory as shown in the data below. Our commitment to swimming at MCS from year 3 onwards has meant that this cohort has still managed to achieve well against national standards.</p>	<p>All KS2 year groups will again complete our recovery 'Fitness' unit plan in place of a swimming unit. We have requested swimming bookings for next year and supplied dates required, to ensure that each year group has two intensive swimming weeks during the year. This will replace our half termly slots where each year group swam three times a year in every other half term. We will monitor data closely in year 4 and year 5 These cohorts have missed the most slots during lockdown. Both have had two intensive weeks this year but may need additional sessions to reach the expected national standards.</p>	
<p>Encourage use of equipment & active playtimes</p>	<p>Class TAs are with own children at breaktimes. This relationship should mean that it is easier to engage children and to take part in their active breaks</p>	<p>£TA hours</p>	<p>Children engaged in active playtimes. We rota year groups onto different playtimes so each gets to have ball games and access to the Trim Trail and climbing wall through the week.</p>	<p>This is something to keep revisiting and promoting. When TAs have organised and encouraged games in previous years the uptake has been good. Popular activities have been skipping, handball and basketball. Having the class TA with each class should allow this to work well. It is an area to develop and could include year</p>	

<p>Sports HLTA to Coordinate playground games and be on rota to rotate around year groups, organise games, supervise activities, resolve conflicts and help create a positive playground atmosphere. To provide movement breaks for targeted children. MY will offer wider opportunities for school sport by running clubs after school and attending festivals and competitions both during and after school.</p>	<p>Employ Sports HLTA (Mr Yelland)</p>	<p>£10779.58</p>	<p>Mr Yelland has been able to promote physical activity at breaktimes and lunchtimes. He has organised games and the children are keen to participate. He has worked 1:1 on PE skills with targeted children during movement breaks. He delivers an after-school club each day enabling us to keep a wide extra-curricular offer. This has been especially important during Covid restrictions when it has not been possible to have external club providers.</p> <p>Mr Yelland has worked with Mr Grigg to plan the Summer 'Personal Best' sports clubs this year. These were aimed at continuing to support the recovery of fitness while promoting a love of sport.</p> <p>We have returned to sporting fixtures, competitions and festivals this year. Mr Yelland has organised our attendance at these events. He is able through this to</p>	<p>group playleaders to support the adults in delivering games.</p> <p>This is a large part of our Sport Premium Spend but provides a vital role. Having a sports HLTA allows the school to maintain its excellent offer of extra-curricular clubs and to attend inter school competitions and festivals. It also offers support to the PE Lead and helps promote our school's ethos about being physically active each day. This year our local sports network has offered a wide range of events aimed at participation for all. We have entered as many of these as we can and are pleased with the amount of children we have involved in sports competitions this year. In addition, Mr Yelland has organised friendly sports fixtures with local schools which again has boosted opportunities for participation.</p>
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<p>Keep PE teaching resources up to date Maintain high quality, active PE sessions Keep a dedicated store of PE equipment separate from playground equipment</p>	<p>We are using Davies supplies as they are more efficient. They offer quick reliable service and willingly replace faulty or damaged equipment.</p>	<p>£ 116.18</p>	<p>promote participation at sporting events, selecting children of all abilities.</p> <p>Last year we completed an inventory of all the PE and School Sports equipment. We have maintained it this year and used this to identify which PE units need more resources to make sure we have sufficient equipment for all the children to be active. We have also looked at the suitability and age appropriateness of the equipment we use.</p>	<p>We are well stocked for our Autumn and Spring units and teachers have been able to find suitable equipment. Mr Grigg and Mr Yelland will look at better storage solutions with a separate KS1 and KS2 stock. We will order more equipment for recording 'personal bests' such as stopwatches, and data loggers. We will review our Summer Term units.</p> <p>Next year we will look at hosting a GB Athlete event again. As well as offering the children a new sporting experience, it also involves raising money for sports equipment.</p>
<p>Improve interest in tennis</p>	<p>Regrip racquets (See St Austell tennis club taster sessions below). Order slow speed orange tennis balls (included in PE equipment above)</p>	<p>£ 37.50</p>	<p>In our Net/Court units we will be able to have one racquet per child in tennis</p>	<p>Hold a Mini-Wimbledon competition for year 5 and year 6 in the summer. We are also looking at how to have competition further down the school in this unit.</p>
<p>Increase fitness and stamina</p>	<p>Skipping Ropes from Skip2Bfit</p>	<p>£358.33</p>	<p>We have a set of ropes with counters for children to measure their score. We have used these in PE lessons and in our Summer Personal Best Sports clubs</p>	<p>We will look at ways of this being our alternative to the 'Daily Mile' as our site does not easily lend itself to a Daily Mile course.</p>

Build up a stock of spare kit	MCS Swim shorts various sizes for boys	£27.60	This avoids children not being able to attend a swim session	We will review PE kits and if Pupil Premium money can be used to provide a MCS logo T shirt for PE
Engage children in more regular exercise	Offer active extra-curricular clubs	£ None	We have good numbers attending these clubs. Autumn 167 signed up. Spring 161 signed up. Summer 131 signed up. Overall, 71% of yrs1-6 attended at least one sports club session this year.	This has been the first year Post-Covid that we have managed to return to a wide-ranging club offer. In previous years, we would also have looked to outside providers to give additional extra-curricular opportunities. We will look to return to this next year.
Engage children in more regular exercise	Summer Clubs run by teachers and MY for their own year group.	£none	Club is based on improving fitness and aiming for Personal Bests in Athletic activities. Feedback from staff and pupils has been positive.	We will use this again next year. It is a good offer for the children. It is also an effective way of addressing lost skills and fitness during the less active Covid periods. We will look at ways to increase attendance. It is structured and planned by SG & MY. This has helped develop the confidence of staff that don't normally run sports clubs.
Address lockdown inactivity	Recovery fitness units written by SG and MY (We used these as return to PE units Post Lockdown) Each year group to have this unit at some point during the year. The unit aims to address losses in stamina and the ABCs (agility, balance and co-ordination)	£None	Engagement has been good. Children in KS2 have been able to record scores in the activities and look to beat scores over the coming sessions. Children have cooperated in small groups supporting counting and scoring. Each child though has been able to develop at their own speed and aim for their own goals.	This is already in our Long Term Plan for next year. In Key Stage 2 it will replace one of the swimming units now that the structure of the swimming lessons has changed to intensive weeks.

Return to school swimming following new Post-Covid offer. Continued financial commitment to raise water confidence and love of swimming at MCS	Intensive week swimming lessons for KS2	£1370 Transport costs	All KS2 classes have had some swimming lessons this year. The new offer has been limited the availability of slots suitable for us to book as most schools are looking to book the same afternoon slot. This has impacted the offer to our children. Where we normally have taken 120 children swimming on a Friday afternoon each week, we have been limited to 30 children in a weekly intensive session. For those classes that have had two intensive weeks (year 4 and year 5) progress has been good and in some cases similar to the results we have achieved through our previous model of swimming every other half term.	As this skill is vital to those living in Cornwall, we will continue to fund this next year, but will need to consider how GLL will offer swimming. Pre-Covid, we employed our own swim coaches and hired the pool. This allowed us to offer excellent swimming opportunities both as part of the curriculum and for an extra-curricular club and competitions. We now need to find alternative means of continuing to achieve the outstanding results our children reached. Our intention is to offer two intensive weeks per year group and monitor results. We can then compare this with our previous offer. As mentioned, booking is a problem. We have requested the sessions we would like with dates for next year. We have recently had these dates confirmed. We would also like to offer a Speed swimming club again. Our Speed Swimming team's success in the past has given us a reputation locally as a sporty school. This is something that our parents value. We will continue to fund this program next year.
Children will improve their fundamental movement skills-balance, locomotor and ball skills. Provide a positive	FunFit program	£Sports HLTA hours	Mr Yelland has run this daily in the hall. Different children have accessed this through the year. It has a positive effect on getting	

start to the day for targeted children. Promote active playtimes work towards Active 30	Play Leader training program	£Included in PSSP membership	children in to school on time and ready to start their day In Summer 1 we trained year 5 children for this role. They had a one-day course	We will look at how best to use this group with other year groups over lunch times. We will also consider how the current Play Leaders can train new leaders
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Effectively store and use data collected about Sports, PE and Extra-curricular offer at MCS.	Subscribe to Absolute Education	£325 subscription	We are using this to record Club registers. We record participation at sporting competitions, festivals and events. We can analyse intra and inter school competition. We use the data to identify our less active pupils and look at ways to address this.	We will continue to subscribe to this App as it helps us store information in one place. In addition, it allows us to identify inactivity and respond accordingly. Next year, we will use this data to support our applications for the School Games Award. Pre-Covid we achieved the Silver School Games Award for our sporting offer at MCS	
Being members of sports associations that will provide various CPD opportunities and access to resources and competitions.	Subscribe to Poltair School Sports Partnership (PSSP)	£1000	This has given us access to a variety of festivals and competitions this year with our local area schools. We have also competed in School Games	The Mid Cornwall Network has been replaced by the Poltair School Sport Partnership (PSSP) this year. It has timetabled a regular slot for events. We will recommend a similar approach next year at	

Other memberships (as above)	Youth Sports Network	£none, included in PSSP membership	<p>qualifiers and the County Cross Country competition. The competition entry requirements have been inclusive. Some events have targeted our best athletes while others have been aimed at children that have not had opportunities to represent their school previously.</p> <p>YST have provided valuable resources throughout Covid and during the Post-Covid recovery period. We have received survey data to keep us informed on the impacts of Covid on children's physical activity. We have had CPD as detailed below.</p>	<p>the forthcoming meeting. This has been an improvement on previous years and we have seen increased involvement from local schools. There has also been a limited CPD offer. It remains an important element of our children's access to competition and we shall continue to support it next year.</p> <p>YST with AfPE have been vital in analysing the affect of Covid and in formulating a response. We will continue to be members. They also offered a School Award for PE that was run in conjunction with Poltair School Sports Network this year. We were unable to take up this opportunity this year but would be keen to pursue this next year.</p>
Other memberships (as above)	<p>Membership of local sports associations e.g. St. Austell Primary schools football/netball/athletics</p> <p>Kwick Cricket entries-Cornwall Cricket Board</p> <p>English FA School membership</p>	<p>£no subscription fee this year</p> <p>£25</p> <p>£35 £58.33</p>	<p>We have sent A, B and year 3/4 football teams to fixtures this year. We have sent A and B netball teams</p> <p>We have attended Year 4, 5 and 6 competitions reaching the Year 4 county finals.</p>	<p>These are the competitions we regularly enter. We have managed to meet all our fixtures this year despite having no football pitch. While negotiations over the use of the field continue, we will play games away at other schools. We will also look into the use of facilities that have been offered at our local secondary schools.</p>

Include Pupil Voice to feed in to new plans for improving Sports, PE and extra-curricular activities at MCS	Cornwall FA Competition entry	£60	We have competed in two football cup knockout competitions and a separate girls cup. We have also attended a 7-a side tournament organised by the FA	This will be reviewed and used in our 2021-22 planning along with parental voice
	Pupil Conferencing with Sports Lead	£Leadership time		
Parental voice	Surveys to arrange and feedback sought to improve future offer and targeted use of PE Premium	£Leadership time	SG in Autumn term to send Google docs form to parents	This was set for the Summer term but will be shifted to the beginning of the year as it is predicted that responses will be more likely

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Have quality teaching resources	Replace damaged/lost Val Sabin books	£101	All year groups have the correct teaching resources in their cupboards	We will continue to use Val Sabin next year and have a progression map that matches the skills and knowledge taught through these units	

Upskill Year 6 teaching staff in invasion games	Cornish Pirates in to deliver sessions. Year 6 to work alongside	£360	Pirates visited during Summer 2	Excellent responses from the children and staff and we will look to rebook. If possible we will look at the Spring Term in order to select a School Games team.
Improve knowledge of teaching cricket	Cornwall cricket in to deliver three sessions, one each with year 3, 4 & 5	£170	Improve understanding of skills needed to develop cricket at primary level. We aim to re-establish links with external cricket providers as well.	Excellent response from children and the adults. There should be further opportunities for coaching resulting from our participation.
Improve knowledge of teaching tennis skills	St Austell Tennis Club will run taster sessions for our infants in Summer 1	£ Free sessions Small cost for tennis grips-see above	Our coach added sessions for year 3 and year 4 which were thoroughly enjoyed	We aim to establish better links with our local club. Our coach has offered to return next year to take further sessions.
PSSN Play Leader CPD	Mr Yelland to attend training with children selected from year 5	£ Free with membership of PSSp	We will aim to increase activity and co-operation at playtimes. We will improve pupil voice, engagement and responsibility	The trained cohort will act as Play Leaders next year. We will review its success and Mr Yelland will organise training for the following cohort.
Improve Net Court teaching	MY to attend LTA one day course	£Course offered to PSSP members	The course also provides a voucher to use on tennis equipment or coaching	MY to look at how to adapt Val Sabin planning to best deliver quality tennis sessions

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Engage children in cycling. Teach a skill for life!	BIkeability- delivered to year 5	£None (37 free funded places)	We had 32 pupils participate this year,	We will continue to run this next year. We have plans for new bike storage and can look to promote travel to school by bicycle.	
Skip2B fit 1 day whole school workshop (Summer Term 2021)	Whole school promotion of skipping for fun and fitness with assembly and visitors	£380+vat (Invoiced in this year)	See comments above	See comments above	
Keep children active with access to FSM equivalent during holiday periods	Active Cornwall Holiday club- offer physical activities that children may not have tried before. This includes funded places for those children in receipt of Pupil Premium.	£None	Children and parents have been signposted via the Newsletter and email towards options for holiday periods. Links have been sent to parents. Pupil Premium children will be able to access these activities for free.	Other classes were also able to participate in this active day. It was a great experience and the coaching was excellent. Many children have bought Skip2Bfit ropes and are continuing to skip at home. We will be using some of our Sport Premium Spend to by class sets of ropes (see above)	

Key Indicator 5 : Increased participation in competitive sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
<p><i>We keep records of participation on Absolute Education. In Autumn we sent 20 teams (192 pupils) to sporting events. In Spring 36 teams (345 pupils) and so far in Summer we have attended 14 events (162 children)</i></p> <p>Play league fixtures in football and netball</p>	SADFANA membership	£as listed above	Our netball club has 30 members and our Year 5& 6 football club has 33 members. We have taken two teams of football and netball to each fixture this year, together with a Year 3&4 football team.	The league is well run and one of our staff team acts as treasurer for the league. We will continue next year.	
Increase participation in competition	PSSP competitions and festivals	£1000 for membership as quoted above	KS2 events (Thirteen events including basketball, Girls Football, & Tri Golf) KS1 events (three including Multi skills and netball)	The aim is for weekly sporting events or CPD sessions and this has worked well for us. Knowing that the events are on a fixed day has helped us plan attendance and we will sign up for this again next year.	
Increase participation in competition	PSSP run cross country league	£Included in PSSP membership	We have taken teams to all five area races and had x qualifiers for the area finals. From this we had one qualifier for the county finals	Our team has been taken mainly from our popular running & fitness club run by Mr Yelland. As well as continuing this next year, we would like to hold our own Intra School competition next year. This will help	

Increase participation in competition	Organise friendly football fixtures for those not involved in league matches	£Transport	(unfortunately unable to attend due to Covid!) We have continued to offer football club to everyone, rather than just the school team. Some children have not been selected for school league matches but all have played in at least one friendly fixture.	encourage more runners into our running club. In addition we will look to hold an Intra School event for our infants. We have managed this without our own pitches this year and will continue to expand this next year looking at opportunities for our younger players.
Increase participation in competition	Girls football matches	£transport	Girls have played matches and cup competitions this year and two children have played in the league fixtures alongside the boys. All girls involved in our after- school club have represented the school	Mr Yelland has offered a successful Girls football club for two terms this year. We aim to continue to raise the profile of Girls football next year and will look at external coaches running introductory sessions for the lower juniors. We were proud to award the footballer of the year award to a girl this year, for the first time.
County school games participation	PSSP run qualifiers are held at different times through the year	£included in our PSSP membership	We entered several of these events. Most qualifiers are 'participation' events and we have looked to take less active children that wouldn't normally get chance to represent the school. As a result, we have not always been competitive as we might be. That said we took boys and girls cricket, Tri Golf, tennis and	Next year we will consider some of the free entry events such as gymnastics. We will also look at the expectations on Intra School Competition so that we can achieve our School Games Award.

Offer opportunity to improve fitness and compete for personal best	Summer Clubs offer to have a 'Personal Best' Sports Club for each year group run by the class teachers and supported by MY	£none	swimming teams to the school games finals MY and SG have written plans for teachers to use. There are weekly fitness challenges and weekly events based on Athletics. The children time or measure each other to give them a personal best score. The children get opportunities to try to beat that score.	This forms part of our strategy to address post Covid activity levels. Feedback from staff and children is positive. We now need to promote it and increase attendance numbers.
Competition for all children	Intra School Competition	£none	MY has done this in PE for some units with year 5 and year 6 children. (28 children have recently competed in a football tournament)	
Competition for all children	Sports day- Tarpaulin and barrier tape and stickers	£ 275.72	We have restrictions on using our field and this has prevented us holding a Sports Day at our site. However, Penrice Secondary School offered us their use of their grounds	This was a real success. Penrice was large enough to accommodate both our Infant and Junior Sports Day events at the same time. Parents were able to attend as well. Penrice have offered us the use of their field for next year as well.
Staff cover in place to allow attendance at festivals and competitions	Supply cover	£none	While Sport Premium money can be spent to cover events, at present this is covered through the staff budget.	

Attend a wide variety of competitions in a range of sports	Cover the costs of transport to festivals, fixtures and competitions	£4391.68 (Additional costs for transport to swimming are included above)	We have taken part in 70 matches , festivals and competitions this year!	We will need to be mindful of the rising costs of transport. At present we are having to play home fixtures as away games which has increased costs. We hope to have our playing field issues resolved as soon as possible.
Meeting national curriculum requirements for swimming and water safety				Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?				76%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?				48%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?				76% As per the 25m distance figures above
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?				Yes

Total funding - £19620

Total funding allocated to date – £19870.92

Total funding to be allocated - £19620