

Jigsaw PHSE Spring 1 Dreams and Goals

EYFS

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none"> • Know what a challenge is • Know that it is important to keep trying • Know what a goal is • Know how to set goals and work towards them • Know which words are kind • Know some jobs that they might like to do when they are older • Know that they must work hard now in order to be able to achieve the job they want when they are older • Know when they have achieved a goal 	<ul style="list-style-type: none"> • Know what a challenge is • Know that it is important to keep trying • Know what a goal is • Know how to set goals and work towards them • Know which words are kind • Know some jobs that they might like to do when they are older • Know that they must work hard now in order to be able to achieve the job they want when they are older • Know when they have achieved a goal 	<ul style="list-style-type: none"> • Know what a challenge is • Know that it is important to keep trying • Know what a goal is • Know how to set goals and work towards them • Know which words are kind • Know some jobs that they might like to do when they are older • Know that they must work hard now in order to be able to achieve the job they want when they are older • Know when they have achieved a goal
<p>In this Puzzle the children talk about challenges and facing up to them. They discuss not giving up and trying until they have achieved their goal. The children are encouraged to think about jobs that they might like to have when they are older and are taught to associate what they learn now with being able to have the job they want. They also talk about achieving goals and the feelings linked to this.</p> <hr/> <p>New key vocabulary that may be introduced: Dream, goal, challenge, job, persevere, achievement, happy, kind, encourage, proud.</p>		

Year 1

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none">• Know how to set simple goals• Know how to achieve a goal• Know how to work well with a partner• Know that tackling a challenge can stretch their learning• Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them• Know when a goal has been achieved	<ul style="list-style-type: none">• Know how to set simple goals• Know how to achieve a goal• Know how to work well with a partner• Know that tackling a challenge can stretch their learning• Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them• Know when a goal has been achieved	<ul style="list-style-type: none">• Know how to set simple goals• Know how to achieve a goal• Know how to work well with a partner• Know that tackling a challenge can stretch their learning• Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them• Know when a goal has been achieved
<p>In this Puzzle the class talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well.</p> <hr/> <p>New key vocabulary that may be introduced: Proud, success, internal treasure chest, stretchy learning, stepping-stones, process, working together, team work, celebrate, challenge, obstacle, overcome, achieve, dreams, goal.</p>		

Year 2

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none">• Know how to choose a realistic goal and think about how to achieve it• Know that it is important to persevere• Know how to recognise what working together well looks like• Know what good group working looks like• Know how to share success with other people	<ul style="list-style-type: none">• Know how to choose a realistic goal and think about how to achieve it• Know that it is important to persevere• Know how to recognise what working together well looks like• Know what good group working looks like• Know how to share success with other people	<ul style="list-style-type: none">• Know how to choose a realistic goal and think about how to achieve it• Know that it is important to persevere• Know how to recognise what working together well looks like• Know what good group working looks like• Know how to share success with other people
<p>In this Puzzle the class talk about setting realistic goals and how they can achieve them. They discuss perseverance when they find things difficult as well as recognising their strengths as a learner. The children talk about group work and reflect on who they work well with and who they don't. They also talk about sharing success with other people.</p>		
<p>New key vocabulary that may be introduced: Realistic, strengths, persevere, challenge, difficult, easy, learning together, partner, product, problem-solve.</p>		

Year 3

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none"> • Know about specific people who have overcome difficult challenges to achieve success • Know what dreams and ambitions are important to them • Know how they can best overcome learning challenges • Know that they are responsible for their own learning • Know what their own strengths are as a learner • Know what an obstacle is and how they can hinder achievement • Know how to take steps to overcome obstacles • Know how to evaluate their own learning progress and identify how it can be better next time 	<ul style="list-style-type: none"> • Know about specific people who have overcome difficult challenges to achieve success • Know what dreams and ambitions are important to them • Know how they can best overcome learning challenges • Know that they are responsible for their own learning • Know what their own strengths are as a learner • Know what an obstacle is and how they can hinder achievement • Know how to take steps to overcome obstacles • Know how to evaluate their own learning progress and identify how it can be better next time 	<ul style="list-style-type: none"> • Know about specific people who have overcome difficult challenges to achieve success • Know what dreams and ambitions are important to them • Know how they can best overcome learning challenges • Know that they are responsible for their own learning • Know what their own strengths are as a learner • Know what an obstacle is and how they can hinder achievement • Know how to take steps to overcome obstacles • Know how to evaluate their own learning progress and identify how it can be better next time
<p>In this Puzzle the class look at examples of people who have overcome challenges to achieve success and discuss what they can learn from these stories. The children identify their own dreams and ambitions and discuss how it will feel when they achieve them. They talk about facing learning challenges and identify their own strategies for overcoming these. The children talk about obstacles which might stop them from achieving their goals and how to overcome these. They reflect on their progress and successes and identify what they could do better next time.</p>		
<p>New key vocabulary that may be introduced: Co-operation, motivated, enthusiastic, excited, efficient, responsible, frustration, 'solve it together' technique, solutions, review, evaluate respect, admire, ambition.</p>		

Year 4

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none">• Know what their own hopes and dreams are• Know that hopes and dreams don't always come true• Know that reflecting on positive and happy experiences can help them to counteract disappointment• Know how to make a new plan and set new goals even if they have been disappointed• Know how to work out the steps they need to take to achieve a goal• Know how to work as part of a successful group• Know how to share in the success of a group	<ul style="list-style-type: none">• Know what their own hopes and dreams are• Know that hopes and dreams don't always come true• Know that reflecting on positive and happy experiences can help them to counteract disappointment• Know how to make a new plan and set new goals even if they have been disappointed• Know how to work out the steps they need to take to achieve a goal• Know how to work as part of a successful group• Know how to share in the success of a group	<ul style="list-style-type: none">• Know what their own hopes and dreams are• Know that hopes and dreams don't always come true• Know that reflecting on positive and happy experiences can help them to counteract disappointment• Know how to make a new plan and set new goals even if they have been disappointed• Know how to work out the steps they need to take to achieve a goal• Know how to work as part of a successful group• Know how to share in the success of a group
<p>In this Puzzle the children talk about their hopes and dreams. They discuss how it feels when dreams don't come true and how to cope with / overcome feelings of disappointment. The children talk about making new plans and setting new goals even if they have been disappointed. The class talk about group work and overcoming challenges together. They reflect on their successes and the feelings associated with overcoming a challenge.</p>		
<p>New key vocabulary that may be introduced: Hope, determination, resilience, positive attitude, disappointment, fears, positive experiences, plans, cope, help, self-belief, commitment.</p>		

Year 5

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none">• Know that they will need money to help them to achieve some of their dreams• Know about a range of jobs that are carried out by people I know• Know that different jobs pay more money than others• Know the types of job they might like to do when they are older• Know that young people from different cultures may have different dreams and goals• Know that communicating with someone from a different culture means that they can learn from them and vice versa• Know ways that they can support young people in their own culture and abroad	<ul style="list-style-type: none">• Know that they will need money to help them to achieve some of their dreams• Know about a range of jobs that are carried out by people I know• Know that different jobs pay more money than others• Know the types of job they might like to do when they are older• Know that young people from different cultures may have different dreams and goals• Know that communicating with someone from a different culture means that they can learn from them and vice versa• Know ways that they can support young people in their own culture and abroad	<ul style="list-style-type: none">• Know that they will need money to help them to achieve some of their dreams• Know about a range of jobs that are carried out by people I know• Know that different jobs pay more money than others• Know the types of job they might like to do when they are older• Know that young people from different cultures may have different dreams and goals• Know that communicating with someone from a different culture means that they can learn from them and vice versa• Know ways that they can support young people in their own culture and abroad
<p>In this Puzzle the class talk about their dreams and goals and how they might need money to help them achieve them. They look at jobs that people they know do, they look at the fact that some jobs pay more money than others and reflect on what types of jobs they might like to do when they are older. The children look as the similarities and differences between themselves (and their dreams and goals) and someone from a different culture.</p>		
<p>New key vocabulary that may be introduced: Lifestyle, job, career, profession, salary, contribution, society, culture, sponsorship, aspiration, communication, support, rallying, difference.</p>		

Year 6

<i>Knowledge</i>	<i>Social and Emotional</i>	<i>Questions for family learning</i>
<ul style="list-style-type: none">• Know their own learning strengths• Know how to set realistic and challenging goals• Know what the learning steps are they need to take to achieve their goal• Know a variety of problems that the world is facing• Know how to work with other people to make the world a better place• Know some ways in which they could work with others to make the world a better place• Know what their classmates like and admire about them	<ul style="list-style-type: none">• Know their own learning strengths• Know how to set realistic and challenging goals• Know what the learning steps are they need to take to achieve their goal• Know a variety of problems that the world is facing• Know how to work with other people to make the world a better place• Know some ways in which they could work with others to make the world a better place• Know what their classmates like and admire about them	<ul style="list-style-type: none">• Know their own learning strengths• Know how to set realistic and challenging goals• Know what the learning steps are they need to take to achieve their goal• Know a variety of problems that the world is facing• Know how to work with other people to make the world a better place• Know some ways in which they could work with others to make the world a better place• Know what their classmates like and admire about them
<p>In this Puzzle the class talk about their own strengths and further stretching themselves by setting challenging and realistic goals. They discuss the learning steps they'll need to take as well as talking about how to stay motivated. The children explore various global issues and explore places where people may be suffering or living in difficult situations – whilst doing this they reflect on their own emotions linked to this learning. The class also talk about what they think their classmates like and admire about them as well as working on giving others praise and compliments.</p>		
<p>New key vocabulary that may be introduced: Personal, realistic, unrealistic, criteria, learning steps, global, issue, suffering, concern, hardship, empathy, praise, compliment, recognition.</p>		