



PE and School Sport Action Plan

Mount Charles School 2019–2020

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2019/20	Funding allocated £19620
Lead Member of Staff – Shaun Grigg	2019/2020	Governor responsible – Julie Barr/Verity Wendon
Total fund allocated - £19,620	To be Updated – Jan 2019	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
<p><i>MCS has two allocated PE slots each week for all infants and juniors. One of these slots is taught by a PE specialist. In the juniors, one of these slots is a swimming session every other half term.</i></p>				
<p>Improve the opportunities for active playtimes Keep a dedicated store of PE equipment separate from playground equipment</p>	Update Huff & Puff resources	£ None	We had more equipment available during PE lessons and teachers have appreciated this. Children have been using the playground equipment when there class has top yard time	The organisation of separate equipment this year will continue. We will allocate money to top up resources from next year's premium spend
Encourage use of new equipment & active playtimes	TAs on duty to lead huff & puff activities	TA hours covered through staff budget	Adults have been engaging children in games such as tennis and skipping	We are committed to having staff on the playground that the children know and can interact with. TAs will be used to encourage the children to participate in fun, active games. We need to develop our offer through staff training to improve our interactions further
Improve opportunities for active play in KS1 playground	Invest in better playtime equipment	£212	NC and SG have selected some resources to keep in the KS1 playground shed and initial take	We will audit the resources available next year and organise the storage. Some budget may be allocated next door, but

<p>Coordinate playground games, work with play leaders and ensure that our children can have active play times. Organise games and supervise activities. Resolve conflicts and help create a positive playground atmosphere. Run lunchtime clubs.</p> <p>Offer wider opportunities for school sport by running clubs after school and attending festivals and competitions both during and after school.</p> <p>Targeted children will have active lunch times. They will build a range of social and emotional skills through physical activity, supported by the TA. They will have happier play times.</p>	<p>Employ Sports HLTA</p> <p>Employ Sports HLTA</p> <p>Lunch Bunch Club</p>	<p>£13677 (17.5 hrs via Sport Premium)</p> <p>£No resource costs this year as money committed last year</p> <p>TA hours covered through Pupil Premium budget</p>	<p>up has been good. Despite the small size of the yard this has worked well</p> <p>NC has been on duty each break time. Ensuring ball games run well in the middle yard. He has run lunchtime clubs including Girls football and a Running club After school NC has offered Football, Rugby, KS1 Ball skills and has also supported Speed Swimming</p> <p>MCS have been able to attended 34 festivals and competitions this year.</p> <p>This group have really benefitted from structured time during lunch break. They eat together and develop social skills during this shared time. They take part in activities outside and are supported to share and interact with others in the group</p>	<p>that will depend on how the grounds are developed for the infants</p> <p>This is a large part of our Sport Premium Spend but provides a vital role. Having a sports HLTA allows the school to maintain its excellent offer of extra-curricular clubs and to attend inter school competitions and festivals. We will allocate budget for this again next year and develop the role further.</p> <p>We will continue to fund this next year. We will look at resourcing active indoor activities such as target games for rainy days.</p>
---	---	--	---	--

Keep PE teaching resources up to date	Replacement Val Sabin teaching guides	£100	We have used the Val Sabin books in our PE progression mapping and we are confident it gives our children an excellent experience during lessons. We are also confident that it covers all aspects of the PE National Curriculum	
Maintain high quality , active PE sessions	Update the resources needed to teach our Val Sabin PE scheme effectively	£164	Colour coded tubs have been topped up and were well used this year.	
Keep active breaks through basketball games	Replace broken basketball hoops	£None Funded through Sports for Schools voucher	Used both in Val Sabin units and at break times daily. Different year groups use these on a rota.	We will need to replace tennis nets to use both in lessons and our intra school Wimbledon.
Enable more children to participate in extra curricular activities	Buy extra equipment for individual and paired activities	£None Funded through Sports for Schools voucher	We have bought new footballs, netballs, netball bibs, cricket balls and mini tennis racquets	Again this year, we have been able to have large numbers our children at our most popular clubs with over 50 regularly attending Football Club and over 30 at Netball. We have also had a year 3/4 Netball club for the first time this year and good numbers at our Girls Football Club. We will look to build on this next year.
Children will improve their fundamental movement skills-balance, locomotor and ball skills. Provide a positive	Funfit programme	£None TA hours covered	This is a fun session that the children look forward to. They arrive early to attend these sessions.	Funfit has been the highlight of the day for some of our children. We will continue to fund this.

<p>start to the day for targeted children. 7c children included in this active start to the day.</p>		<p>through SEN budget</p>		
<p>Improve engagement of all children during funfit. Have an online resource that the whole school can use to raise activity through the day</p>	<p>5-a-day fitness subscription 5-a-day fitness subscription</p>	<p>£375 subscription Through PE and SEN budget</p>	<p>Trialled in Funfit. It has been particularly useful with those children that are more difficult to engage.</p>	<p>Will be used by PE team when inside due to weather and no hall space. Will be used as brain break activity to improve daily physical activity within classrooms. Used already in funfit.</p>
<p>Provide a space for PE for children in 7C</p>	<p>Rota regular hall time slot</p>	<p>£None</p>	<p>7c have used the hall most days especially enjoying the gym equipment.</p>	<p>Continue to rota this in. Look to see if any external coaches can support delivery of gym and games in these slots.</p>
<p>Continued financial commitment to raise water confidence and love of swimming at MCS</p>	<p>Sports coaches to support teaching of swimming</p>	<p>£4406</p>	<p>The majority of our children entering KS2 are non swimmers. We have over 90% of our children swimming at least 25m by year 6 Our figures this year have been affected by lockdown. This year: 85% Could swim at least 25m</p>	<p>As this skill is vital to those living in Cornwall, we will continue to fund this. Our Speed Swimming team's success has given us a reputation locally as a sporty school. This is something that our parents value.</p>
<p>Have an outstanding extra curricular offer that includes opportunities to be active during the school day</p>	<p>TAs leading activities at break and lunch times</p>	<p>£TA hours covered through staff budget</p>	<p>Our Sports HLTA has run some lunchtime clubs as mentioned above. Lunch bunch clubs in KS2 and KS1 have also run. It has</p>	<p>Lunchtime clubs will be reviewed in the new year as this is a key time to engage children that are less active</p>

			proved difficult to staff opportunities beyond this.	
--	--	--	--	--

Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Pupil leadership at MCS	Sugar smart play leaders scheme delivered by Arena Sports Network. Children will become sports leaders and arrange games for other children at lunchtime	£350	This was not delivered this year due to Lockdown	Training to be rearranged in the new year. New Sports HLTA will be part of the training and will be able to take this forward and train further leadership.	
Effectively store and use data collected about Sports, PE and Extra curricular offer at MCS. Improve record keeping for KS1 children	Subscribe to Absolute Education	£350 subscription	We renewed our subscription to this record keeping app. We have improved our record keeping as a result. We have used it to log attendance at clubs, sporting events and competitions. It is being used by all staff running clubs now. We have used it to analyse the data and target children classed as not active.	This year, new features have been added that allow filtering of the data. We have started to look at groups of children using these filters. Many of our non-active children have been offered extra coaching sessions (run by Go Active) to keep them active. TB has covered SG to allow meetings with NC. Data used to highlight less active. Children offered Go Active coaching were year 3& 4 girls and yr 5& 6 girls .	
Raise the profile of girls' sport at MCS. Encourage girls to try	Girls Football Kit purchased		DG parent's company sponsorship. NC organised kit	This has been a successful lunch-time club. The girls' team has played a number of	

<p>new sports</p> <p>Achieve a nationally recognized award for the sports and PE offer at MCS</p> <p>Include Pupil Voice to feed in to new plans for improving Sports, PE and extra-curricular activities at MCS</p> <p>Being members of sports associations that will provide various CPD opportunities and access to resources and competitions</p>	<p>Apply for the School Games Mark- Ask Mid Cornwall Sports Network for feedback on application prior to submitting</p> <p>Pupil Conferencing with Sports Lead</p> <p>Subscribe to Mid Cornwall Sports Network</p> <p>Youth Sports Network</p> <p>Membership of local sports associations e.g. St. Austell Primary schools football/netball/athletics</p>	<p>£None-through sponsorship</p> <p>£supply</p> <p>£Cover to arrange</p> <p>£1800</p> <p>£200</p> <p>£200</p>	<p>through AGAME, who provided KS1 tops over the summer</p> <p>This year the award and the application process has been cancelled due to Lockdown</p> <p>Either through school council or NC/SG pupils asked for input on clubs</p> <p>The Mid Cornwall Network has provided cluster sports events. It has offered CPD for members Regular area meetings and updates on best practice in PE and school sports.</p> <p>This has given us access to free CPD, online resources and p policy updates.</p> <p>We have participated in most local sporting opportunities and competitions</p>	<p>fixtures, which has helped boost interest. All have been keen to wear the new pink kit! We will offer this again next year and enter county competitions when they restart.</p> <p>We will apply at the earliest opportunity when the application process begins again.</p> <p>This was scheduled for the Summer Term, so has not taken place this year.</p> <p>We have attended events up until the Spring Half Term</p> <p>CPD courses we were set to attend were in the Summer term and did not take place.</p> <p>There have been meetings in person and on Teams</p> <p>We have used the site's resources for home learning PE activities, which were great. The site has also provided the latest government advice on delivering PE during Lockdown and the return to school.</p>
---	---	---	--	---

Pupil and parent voice	Kwick Cricket entries-Cornwall Cricket Board	£25	Use survey from previous year to form part of our spending this year. Understand what is missing from our current offer. Target spending to address this	This has not been possible this year.
	Cornwall FA School membership	£25		
	Survey parents and children at the end of the year	None		

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
Enable staff to drive children to further events.	Minibus Training	£240	Last year we were able to use Fowey Primary School's minibus several times saving on transport costs We have not been able to arrange training this year with MIDAS.	Sharing minibus with other trust schools. Children from 7c able to access specialist equipment at Polkyth
Establish staff training needs	Staff Survey	£None	Gather ideas again to include in our Sport Premium spending. We will come back to this in the Autumn Term as PE is not being	We will look at CPD needs arising from this. Sports Lead and Sports HLTA could also offer in house training

<p>Produce progression map for PE at MCS</p>	<p>Use Val Sabin resource effectively in all year groups. Ensure a progression of skills in each of the four topics : Athletics, Dance, Games and Gymnastics</p>	<p>£None</p>	<p>taught using our Val Sabin units this term</p> <p>We have a detailed progression map produced by SG. SG has written learning objectives to accompany each lesson plan. This will ensure progression of skills. It will also help teachers focus on the main learning points across the unit.</p>	<p>Next year we will monitor how the progression map is being used. We will monitor how it helps each year group to deliver high quality PE lessons. It will help us access staff CPD need.</p>
<p>Swim CPD</p>	<p>Mid Cornwall Sports Network Offer</p>	<p>£None</p>	<p>This is Included in our membership.</p>	<p>We have not been able to access this due to lockdown. Last year we attended Swim CPD and Play Leader training for example.</p>
<p>Keep up to date with current best practice</p>	<p>PE County Conference</p>	<p>£None</p>	<p>Again, included in our MCSN membership. Sports Lead and HLTA attended and have used advice from the conference to help plan our Sports Premium spend.</p>	

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
To offer less traditional school clubs to appeal to a wider audience.	Go Active Clubs. A different club each half term offering sports and activities not offered by staff	Paid for clubs	Engaged some children that have not yet been involved in physically active clubs at MCS. Provides an extra KS2 club on a staff meeting night.	The majority of clubs offered have been well attended and well received. Continue to offer this.
Engage children in MCS life by trying extra- curricular clubs and joining school teams.	Each teacher to run a club after school by themselves or with another member of staff.	None	All teachers have offered clubs. The majority of these have been active. We don't have our annual club attendance data this year. We do have data from Absolute Education that shows us the following: In the Autumn Term 63% of our children attended at least one club. This was made up of 35% of KS1 children and 73% of KS2 children. These figures however, were down on the previous year when 75% of children tried a club in the Autumn term	This year we have had a broader range of clubs including art, games, and French alongside our normal offer of sports clubs.
To offer less traditional school clubs to appeal to a wider audience.	Street Dance (new provider used at Pondhu) offered to different age groups	£240 Spring & Summer	Dance club requested on surveys. KS2 have not had a dance club. This has engaged certain children that have not tried clubs before	This was a popular well run club. We would be keen to have them at MCS again.

<p>To offer less traditional school clubs to appeal to a wider audience.</p>	<p>Boxing Club</p>	<p>£1 pupil contribution per session and we cover the difference</p>	<p>Martial arts and fitness clubs were requested on our surveys. This was a club offered successfully at Pondhu so we have tried it this year. It has also given us a club on a Friday.</p>	<p>This was also a popular well run club. We would be keen to have them at MCS again.</p>
<p>Engage children in physical activity that are not joining clubs</p>	<p>Go Active coaching & festivals</p>	<p>£200 per half term (£ 600 approx annual)</p>	<p>Each term Go Active worked with a different age group. Children were selected for this. Go Active focussed on girls in sport this year. We had Yr 3 and 4 trying football and yr 5 & 6 trying dodgeball. Both groups attended a festival against other schools.</p>	<p>This is a really effective way of including these children in our wider sporting offer. The sessions are fun and engaging with the added bonus of an inter school competition at the end of the coaching.</p>
<p>Engage children in cycling. Teach a skill for life!</p>	<p>BIkeability- delivered to year 5.</p>	<p>None (37 free funded places)</p>	<p>Funding is provided for a large number of this cohort to gain bikeability certificates. We will look to increase the number of children from last year (31 trained)</p>	<p>This project has received funding for 2020-2021 and MCS will again sign up for this</p>
<p>Promote healthy lifestyles. Generate enthusiasm for physical activity at MCS</p>	<p>Skip2B fit 1 day whole school workshop</p>	<p>£380+vat</p>	<p>We were unable to arrange this event due to Covid 19</p>	<p>We will consider this next year.</p>

Key Indicator 5 : Increased participation in competitive sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Intent	Implementation			
Increase participation in competition	St Austell Cluster Competitions	£500	We bought into this local offer and attended festivals such as KS1 Multiskills and Tag rugby	There are plans for a St Austell league that covers a variety of sports such as rugby and hockey
Increase interest in football	Use of second pitch on school field for C, yr3, or girls teams.	£None	We have continued to offer football club to everyone, rather than just the school team.	We have had Girls, C team and Yr 3/4 B team fixtures this year for the first time.
Increase competition opportunities for girls	Girls football matches	£none	Having started a girls team last year, we wanted to have a regular lunch time club, compete in Tournaments and have further fixtures.	NC ran this at lunchtime. Regular, growing attendance. We are aiming to have upper and lower junior teams next year.
Increase intra school competition	Hold mini Wimbledon tournament for year 5 & 5.	£200 for replacement nets	We need to replace worn out equipment, so we can run our summer intra school competitions	This has not been possible this year
Increase inter school competition opportunities	School Games - routes		We entered the Autumn and Spring 1 round of qualifiers for the school games such as Swimming and Sportshall Athletics. Further qualifying rounds and the games itself were not held this year due to Covid 19	Next year we will look to enter open and development competition routes. We will consider some of the free entry events such as gymnastics. We will also look at the expectations on Intra School Competition so that we can achieve our School Games Award.

Increase inter school competition opportunities	Swim Galas	£transport and supply	We have had friendly galas giving all club members a chance to swim competitively	The annual St Austell Gala held in June was cancelled this year.
Increase inter school competition opportunities	Cross Country KS2	£transport	We took a large team to each of the KS2 St Austell Area races. We held an intra school cross country race in the Autumn term that 88 children attended.	KS1 do not have their own Intra School competition. A KS1 House Cross Country could be run next year.
Competition for all children	Intra School Competition	£none	SG and NC have done this in PE for some units with year 5 and year 6 children. 120 children will have experienced some form of competitive sport through this	Next year we will look at further opportunities for competitive games within our PE units once the appropriate skills have been taught.
Staff cover in place to allow attendance at festivals and competitions	Supply cover	Covered through staff budget	While Sport Premium money can be spent to cover events, at present this is covered through the staff budget.	
Cover the costs of transport to festivals and competition		£3000 approx		

Meeting national curriculum requirements for swimming and water safety

Please complete all of the below:

What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	85% prior to lockdown	
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	60% prior to lockdown	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	60% prior to lockdown	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes	
Total funding - £19620	Total funding allocated to date – £	Total funding to be allocated - £19620

Funds not allocated because of the Covid -19 pandemic

Funding available for next year:

- Transport costs
- Swimming coaching spend due to furloughed staff
- Skip 2 b fit £380
- 7c Go active festival £200
- Street dance Summer Term £240
- Go active coaching Summer Term £200
- Sugar smart play leader training £350