

Games Skills KS2 Progression Map

Year 3	Year 4	Year 5	Year 6
<p>Games unit 3 Net, Court, Wall</p> <ul style="list-style-type: none"> • Strike a ball with reasonable control and accuracy at a target or over a net • Select and use appropriate basic shots in different situations • Understand simple tactics and use them effectively (e.g. long shot followed by short shot to stretch opponent) • Play confidently and competitively in small sided games (2v2, 3v3) 	<p>Games unit 1: Net, court, wall games</p> <ul style="list-style-type: none"> • Use a bat to strike a ball with a degree of accuracy and control • Throw or strike a ball over a range of high, low and ground level barriers to variation in levels, speed and direction • Aim a ball over a barrier to land in space • Plan and combine skills to play 1v1 net games co-operatively and then try to make it difficult to return shots • Play 1v1, 2v2, 3v3 	<p>Games unit 1: Net, court, wall</p> <ul style="list-style-type: none"> • To play shots on both sides of the body and from above the head with reasonable control • To understand how to position their body to receive a ball coming from different heights and angles • To recognise where there are spaces on an opponent's court and try to hit them • To recognise which things they need to practice more. 	<p>Games unit 2: Net, Court, wall (Volleyball)</p> <ul style="list-style-type: none"> • Play a variety of shots with intent when striking a ball after one bounce or on the volley • Direct a ball into an opponent's court at different speeds, heights and angles and explain why they are doing it. • Evaluate the effectiveness of a shot and suggest ways of improving it • Co-operate as a team in small groups. Create rules and play to them • Apply basic tactics for defence and attack
<p>Learning Objectives unit 3 Net, Court, Wall</p> <p>LO Lesson 1: I can throw accurately at a target and 'feed' the ball to a partner in a game.</p> <p>LO Lesson 2: I can use my hand like a bat to pat bounce a ball accurately.</p> <p>LO Lesson 3: I can bounce a ball with control using a bat. I can 'self-feed' a ball to a partner with one bounce</p>	<p>Learning Objectives unit 1: Net, court, wall games</p> <p>LO Lesson 1: I can move to catch or strike a ball.</p> <p>LO Lesson 2: I can hit a ball accurately at a target, or over an obstacle to a partner.</p> <p>LO Lesson 3: I can aim a ball over a barrier to land in space. I can play competitively in a 3v3 game using these skills.</p>	<p>Learning Objectives unit 1: Net, court, wall</p> <p>LO Lesson 1: (Use Val Sabin lesson 2) I can hit a forehand shot with control using the correct sideways stance. (p104 section 1)</p> <p>LO Lesson 2: (Use lesson 2 activities again but focus on backhand) I can hit a backhand shot with control using the correct sideways stance. (p104 section 1)</p>	<p>Learning Objectives unit 2: Net, Court, wall (Volleyball)</p> <p>LO Lesson 1&2: I can use a variety of shots to keep the ball in the air (e.g. dig with flat hands from low and push Volley using fingertips) p129 Section 6 and 7. I can rally with a partner using these shots with one bounce or on the volley.</p> <p>LO Lesson 3&4: I can feed/serve the ball with control (heel of the hand) p130 section 8. I can rally using a serve, volley</p>

<p>LO Lesson 4: I can strike a ball with accuracy at a target, or over an obstacle to a partner.</p> <p>LO Lesson 5: I can throw apparatus with accuracy at a target and into space in a game to make it difficult for an opponent.</p> <p>LO Lesson 6: I can play co-operatively, hitting a ball over and through obstacles to a partner .</p> <p>Section 5 p110 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 4: I can play net games co-operatively with a partner striking with control to make it easy to return. (Beat your record games)</p> <p>LO Lesson 5: I can volley a ball back over a net (without it bouncing). I can demonstrate this using feet, head and hands in small sided volleyball type games.</p> <p>LO Lesson 6: I can hit or throw into space so it is difficult for the opposition to defend.</p> <p>Section 5 p107 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 3: I can get into the correct stance to return a ball on the move.</p> <p>LO Lesson 4: I can hit a ball on the volley (without it bouncing). I can keep the ball in the air with a partner</p> <p>For lesson 5 you can use Val Sabin warm up ideas but spend more time on the ‘First Tennis’ game at the end of lesson 4. Val Sabin goes on to Volleyball games in lesson 5. Stick with tennis skills. They will struggle with the LO below</p> <p>LO Lesson 5: I can serve with control into an area. (By bouncing the ball then hitting underarm. By hitting underarm without a bounce. By serving overarm if proficient at underarm serves p 106 section 5) I can return a serve with control.</p> <p>LO Lesson 6: I can play shots above my head with control (This can be taught through the volley ball skills in Val Sabin lesson 6 or with tennis skills teaching them how to volley overhead and serve overarm)</p> <p>Section 5 p99 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>and dig with a partner or in 2v2 and 4v4 games</p> <p>LO Lesson 5& 6: I can use a smash to make it difficult for the opponent to return. I can set a teammate up for a smash from standing or using a dig. I can serve from the back of the court using underarm or overarm techniques (p130 section 8 and 9)</p> <p>Section 5 p121 Teaching Specific Skills has step by step guidance for many of the above skills</p>
<p>Games unit 1 Ball Skills</p> <ul style="list-style-type: none"> • Accurately pass and receive a range of balls in different ways with hands (chest pass, bounce pass, shoulder pass) 	<p>Games unit 3: Invasion games</p> <ul style="list-style-type: none"> • Play confidently in small sided invasion games using different formations (3v1, 3v2, 3v3, 4v4) 	<p>Games unit 3: Invasion games (Implement & Kicking)</p>	<p>Games unit 1: Hockey & Soccer</p> <ul style="list-style-type: none"> • Understand and demonstrate a range of controlled passing,

<ul style="list-style-type: none"> • Demonstrate control when dribbling, passing and receiving with feet or stick • Signal for the ball • Pass and receive on the move and signal for the ball to retain possession • Explain why team was successful • Play confidently in small games 2v1, 2v2, 3v3 	<ul style="list-style-type: none"> • Use a range of techniques to pass and travel with the ball (e.g. travel by bouncing, carrying, dribbling) • Use a range of tactics to keep possession of the ball and get into position to shoot or score • Understand how to dodge, mark, signal for the ball and intercept • Recognise aspects that need improving 	<ul style="list-style-type: none"> • Choose and use hockey & football skills including passing and striking, receiving, dribbling and shooting • Marking an opponent and defending the goal • Find ways to retain possession to progress towards an opponent's goal. • Demonstrate hockey & football skills in a controlled manner while on the move (passing, receiving and dribbling) • Find and use space. Change speed and direction. Apply basic strategies of attacking in small sided games. 	<p>receiving, striking, dribbling and shooting skills</p> <ul style="list-style-type: none"> • Adapt and select the skills above to meet the needs of the game situation • Play in a range of small sided games and make effective choices about when, how, where to pass so they retain possession and progress towards the opposition goal • Understand positions/roles and show appropriate attacking and defending skills (marking a player or space, intercepting, dodging, moving into space, shooting) • Understand formations and organising the team e.g. overload attack to gain numerical advantage
<p>Learning Objectives unit 1 Ball Skills LO Lesson 1: I can pass and receive using a chest pass and a bounce pass. LO Lesson 2: I can throw into space and move to receive a ball. I can pass in sequential order on the move. LO Lesson 3: I can use shoulder and overhead passes accurately. I can signal and move to receive a pass. LO Lesson 4: I can signal and move the receive a range of throws. I can use this to retain possession in small sided games. LO Lesson 5: I can show control when I pass or receive a ball with my feet</p>	<p>Learning Objectives unit 3: Invasion games LO Lesson 1: I can use a range of passing accurately. I can use these and signal for the ball in 2v1 and 3v3 games LO Lesson 2: I can receive and pass a ball at speed. (The game activity in this lesson does not adequately practice this-choose a game from lesson 1, or 3 instead) LO Lesson 3: I can dodge an opponent and signal to receive a ball on the move. I can use these skills in a 3v3 invasion game</p>	<p>Learning Objectives unit 3: Invasion games (Implement & Kicking) LO Lesson 1: I can push pass and receive a pass. I can use a 'niggle' tackle LO Lesson 2: I can dribble the ball with control LO Lesson 3: I can pass and dribble up the court. I can receive the ball on the move LO Lesson 4: I can pass and aim by kicking with different parts of my foot. LO Lesson 5: I can shield a ball to retain possession. I can control a ball with my chest or thigh. I can pass with control in 3v1 games</p>	<p>Learning Objectives unit 1: Hockey & Soccer LO Lesson 1 & 2 : I can dribble to attack with control. I can use a 'niggle' tackle (face to face with an opponent) in 1v1 and 2v1 games. LO Lesson 3 & 4: I can use a push pass and a slap hit pass to pass into space for teammates to run onto. I can dribble to beat an opponent or create a scoring opportunity. I can use these to attack and retain possession in small sided games. LO Lesson 5 & 6 : I can change hand positions to improve accuracy and</p>

<p>LO Lesson 6: I can dribble a ball with my feet. I can pass accurately to a partner.</p> <p>Section 5 p110 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 4: I can shield a ball by putting my body between my opponent and the ball. I can practice this in 1v1, 2v2 and 4v4</p> <p>LO Lesson 5: I can dodge, weave, change speed and use quick changes of directions when carrying a ball (rugby skills). <i>Use Chase and Touch game from p93 to practice this, not the game activity on p91</i></p> <p>LO Lesson 6: I can use a range of passes to pass into space so my team mate receives the ball on the move. I can use this in 3v1 and 4v4 games</p> <p>Section 5 p107 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 6: I can control a ball then dribble and pass. I can move into space and signal for the ball. I can do this in 3v1 and 4v4 games</p> <p>Section 5 p99 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>power when dribbling, passing and shooting. (p150-151 help with this) My team can work to overload attack and pass quickly to gain an attacking advantage in 3v1 games</p> <p>P67 has additional games that can be selected</p> <p>Section 5 p121 Teaching Specific Skills has step by step guidance for many of the above skills</p>
<p>Games unit 2 Creative games making</p> <ul style="list-style-type: none"> • Demonstrate previously learned ball skills in independently constructed group games • Work co-operatively and creatively in a group using limited equipment • Plan and adjust rules to change the game to make it fairer, simpler, safer, more challenging • Be able to explain the rules and aims of the game to others • Learn from demonstrations of other group's games • Know how to use space in games 	<p>Games unit 2: Problem solving and inventing games</p> <ul style="list-style-type: none"> • Negotiate, plan and make collective decisions to create their game • Select and use tactics and skills for their game • Understand and transfer principles of play from known games to their own game • Make up rules that can be modified to make the game simpler, or more challenging • Adapt the game and its rules in agreement with others • 	<p>Games unit 2: Invasion and Target (Ball Handling Games)</p> <ul style="list-style-type: none"> • Choose and use skills appropriate for ball-handling invasion games (e.g. passing by throwing, bouncing, receiving, carrying, dribbling and shooting) • Understand how a team can retain possession • Find ways to progress towards an opponent's goal • Know how to mark effectively and defend a goal • Demonstrate skills e.g. using one or two hands for passing, receiving 	<p>Games unit 4: Ball handling (Basketball)</p> <ul style="list-style-type: none"> • Understand and demonstrate a range of controlled passing, receiving, dribbling and shooting • Play a range of small sided basketball games that allow them to make decisions about when best to pass • Know and understand positions • Use specific attacking and defending skills (e.g. marking a player or space, intercepting, moving into space to shoot)

		<p>and travelling with the ball in a controlled manner</p> <ul style="list-style-type: none"> Find and use space. Change speed and direction. Apply basic strategies of attacking in small sided games. 	<ul style="list-style-type: none"> Understand how different formations during a game help them gain a numerical advantage.
<p>Learning Objectives unit 2 Creative games making</p> <p>LO Lesson 1: I can work co-operatively and creatively with a partner to make up an aiming game</p> <p>LO Lesson 2: I can work co-operatively and creatively in a group of three to make up a dribbling and aiming game</p> <p>LO Lesson 3: I can work co-operatively and creatively in a group of 4 to make up a 3v1 scoring game</p> <p>LO Lesson 4: I can work co-operatively and creatively in a group of 4 to make up a throwing or hitting game</p> <p>LO Lesson 5: I can work co-operatively and creatively in a group of 6 to make up a passing invasion game (no running!)</p> <p>Section 5 p110 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>Learning Objectives unit 2: Problem solving and inventing games</p> <p>LO Lesson 1: I can create and play a possession game in a team of three. I can retain possession by demonstrating dodging, weaving and moving into space.</p> <p>LO Lesson 2: I can create and play a game in a team of three. I can use short passes to retain possession. I can use close marking to regain possession.</p> <p>LO Lesson 3: I can create and play a striking and fielding game in a team of 6</p> <p>LO Lesson 4: I can create and play a game based on netball in a team of 4. I can use a range of short, quick passing.</p> <p>LO Lesson 5: I can create and play an aiming game in a team of three. I will make quick decisions to keep the ball moving towards the target using the best placed team mate.</p> <p>LO Lesson 6: I can work co-operatively with a group of 6 to invent a game that actively involves everyone in the group. (Game 7 or 8)</p>	<p>Learning Objectives unit 2: Invasion and Target (Ball Handling Games)</p> <p>LO Lesson 1: I can pass a ball (using chest and bounce passes) and move quickly, ready to receive it again</p> <p>LO Lesson 2: I can mark an opponent. I can dodge and feint to lose my marker.</p> <p>LO Lesson 3: I can retain possession by moving, dodging and signalling for the ball. I can pivot and change direction.</p> <p>LO Lesson 4: I can retain possession by dribbling. I can receive the ball on the move at different heights and speeds</p> <p>LO Lesson 5: I can use a range of passes (chest, bounce, underarm, overhead) in small groups and in small sided games. I can receive the ball on the move at different heights and speeds</p> <p>LO Lesson 6: I can demonstrate a range of skills. I can receive the ball on the move, pivot, change direction and pass. I can feint, dodge and make 'no look' passes. I can do this in 5v5 games</p> <p>Section 5 p99 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>Learning Objectives unit 4: Ball handling (Basketball)</p> <p>LO Lesson 1&2: I can dribble the ball with control. I can shield the ball. I can dispossess an opponent. In a game situation I can bounce pass and chest pass. (I know I can't double dribble)</p> <p>LO Lesson 3&4: I can shoot from standing and on the move using a lay up shot (spinning the ball off the fingers). I can signal and dodge to receive a pass. In a game situation I can use a shoulder pass and overhead pass.</p> <p>LO Lesson 5& 6: I can a range of passing, dribbling intercepting and shielding skills in 1v1, 4v1 and 3v2 games. I understand and follow rules (running more than two steps without bouncing, obstruction, rough play, double dribbles) in 5v5 or 6v6 large sided games.</p> <p>Section 5 p121 Teaching Specific Skills has step by step guidance for many of the above skills</p>

	Section 5 p107 Teaching Specific Skills has step by step guidance for many of the above skills		
Games unit 4: Striking & Fielding games <ul style="list-style-type: none"> • Strike a ball with confidence and control • Direct a ball accurately into a simple target area • Receive the ball from one direction and throw or strike it away in another direction • Understand and identify good striking and fielding techniques • Make judgements about how to best intercept a ball that is moving towards, away from or beyond you. • Combine skills to play in small sided striking/fielding games using simple attacking/defending tactics (e.g. working as a team to field effectively) • Understand and demonstrate different fielding roles-bowler, fielder, back-stop 	Games unit 4: Striking & Fielding <ul style="list-style-type: none"> • Know and use different ways of fielding (e.g. fielding a ball coming directly towards or on one side of them) • Bowl/feed the ball accurately with one bounce or no bounce • Strike a ball along the ground or air in different directions with control • Understand how to send the ball into spaces in order to score • Understand how best to intercept and field the ball, returning it quickly • Use simple attacking and defending skills in small sided games. 	Games unit 4: Striking & Fielding <ul style="list-style-type: none"> • To use a rounders or a cricket bat with confidence • To strike and throw with reasonable accuracy • To bowl underarm (or overarm) so that the ball can be hit including bowling with one bounce or without • To understand how and when to move when fielding (e.g. move across the path to intercept, towards a ball travelling slowly or directly towards the fielder) 	Games unit 3: Striking & Fielding <ul style="list-style-type: none"> • Know, understand and show the correct striking stance • Direct a ball away from fielders using different angles and speeds • Bowl in competitive situations and understand strategies to use between bowler and wicket keeper or backstop and bases • Field the ball and return overarm • Know when to run after hitting, or between bases • Work as a team e.g. fielders use strategies to outwit batters
Learning Objectives unit 4: Striking & Fielding games LO Lesson 1: I can use a range of throws and can catch a ball high, low fast and slow.	Learning Objectives unit 4: Striking & Fielding LO Lesson 1: I can field a rolling ball using a long stop (see page 123 7a). I can use this in a small game. LO Lesson 2: I can field a ball that is rolling to one side of me. I can chase	Learning Objectives unit 4: Striking & Fielding LO Lesson 1: I can bowl a ball accurately with control for a batter to strike	Learning Objectives unit 3: Striking & Fielding LO Lesson 1: I can catch a ball at various heights using 'bucket hands' (low catch) or 'baseball hands'. (high catch). P 133 section 2 & 3. I can do this on the move with one or two hands.

<p>LO Lesson 2: I can feed the ball accurately for a partner to strike (bowling skills).</p> <p>LO Lesson 3: I can roll, bounce and throw a ball underarm. I can receive the ball and return it quickly (fielding skills)</p> <p>LO Lesson 4: I can catch, intercept, or stop a ball that has been thrown into space. I can strike a ball a moving ball with control.</p> <p>LO Lesson 5: I can bowl, hit and field in a small game using simple tactics to score or prevent runs (hitting into space, working together to get someone out)</p> <p>LO Lesson 6: I can bowl, hit and field in a small game using simple tactics in games with more rules</p> <p>Section 5 p110 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>and field a moving ball (skills page 123 7b and 7c)</p> <p>NB Use Val Sabin lesson 3 for both Lesson 3 and 4 below. Split the skills focussed on over the two lessons. Use the games from lesson 3 over the two lessons to practice the skills. Val Sabin lesson 4 can be missed out as it is not as clear as the other lessons</p> <p>LO Lesson 3: I can throw confidently and accurately overarm for distance</p> <p>LO Lesson 4: I can Bowl/feed the ball accurately with one bounce or no bounce to a partner</p> <p>LO Lesson 5: I can strike the ball with control into space.</p> <p>LO Lesson 6: I can play a non-stop mini rounders game improving my skills as batter, bowler and fielder</p> <p>Section 5 p107 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 2: I can field and return a ball that is coming towards me. I can move to intercept the ball.</p> <p>LO Lesson 3: I can throw overarm for distance. I can chase, overtake and return a ball that is running away from me.</p> <p>LO Lesson 4: I can catch a ball at different heights on the move. I can return it quickly.</p> <p>LO Lesson 5: I can bowl using an overarm cricket bowl</p> <p>LO Lesson 6: I can demonstrate my skills as a bowler, wicket keeper and batter in small sided cricket games.</p> <p>Section 5 p99 Teaching Specific Skills has step by step guidance for many of the above skills</p>	<p>LO Lesson 2: I can throw accurately using an overarm throw. I can retrieve a ball running away from me and return it quickly using an overarm throw P137 section 7c</p> <p>LO Lesson 3: I can bowl underarm with accuracy and consistency. I can take on the role of bowler, batter and backstop in small sided competitive games.</p> <p>LO Lesson 4: I can bowl using overarm (p136 section 6). I can take on the role of bowler, batter and backstop in small sided competitive games.</p> <p>LO Lesson 5: I can use the correct striking stance to direct a moving ball with control into space. (P139 section 8d) I can take on the role of bowler, batter and backstop in small sided competitive games.</p> <p>LO Lesson 6: I can take on the role of bowler, batter and wicket keeper to play small sided pairs cricket.</p> <p>Section 5 p121 Teaching Specific Skills has step by step guidance for many of the above skills</p>
<p>Vocabulary</p> <p>Strike, head, pass, dribble, travel Striking, Rules, Practise, Control, Consistency, Angle & height, Team Obstacle, Direction, dodge,</p>	<p>Vocabulary</p> <p>Striking & Fielding, Practise, Control Practice & Consistency, Strength, Stamina, Co-operate, Observe, recognise, improve,</p> <p>Sideways stance, Ready stance</p>	<p>Vocabulary</p> <p>Attack, defence, Tactics, Co-operate, teamwork, Encourage, support Healthy body, Anticipate, Intercept, Possession, Position, Range, Progress Active life</p>	<p>Vocabulary</p> <p>Attack, defence, Tactics, Co-operate, teamwork, Encourage, support, Healthy body, Anticipate, Intercept, Possession Position, Range, Progress, Active life</p> <p>Sideways stance, Ready stance Personal best (Beat your own record)</p>

<p>Warm up & Cool down, Heart beat/heart rate, Send & receive Sideways stance, Ready stance Personal best (Beat your own record) Stationary, Strategies/tactics Co-ordination, Racquet, bat fielding, Attacking & defending Chest pass, bounce pass Shoulder pass, overhead pass, Signal Feed, serve, Forehand, backhand Bowl, field</p>	<p>Personal best (Beat your own record) Stationary, Strategies/tactics Co-ordination, Chest pass, bounce pass Shoulder pass, overhead pass Signal, Moving target, Possession Pivot, Invasion game, Feed, serve, volley, Forehand, backhand Bowl, field, Opponent, opposition Shield, Overarm throw</p>	<p>Ready stance, Personal best (Beat your own record), Chest pass, bounce pass Shoulder pass, overhead pass Signal, Moving target, Possession Tackle & niggles tackle, Push pass, Slap pass, Slap shot, Pivot, Feed, serve, volley, Forehand, backhand, Bowl, field Opponent, opposition, Shield Baseball hands, Bucket hands Hand-eye coordination, Standing in opposition, Low to high, Marking Beating an opponent, Head-up Rounder, run, wicket</p>	<p>Chest pass, bounce pass, Shoulder pass, overhead pass, Tackle & niggles tackle, Push pass, Slap pass, Slap shot Signal, Moving target, Possession Creating space, Overload, attack/defence, Closing down (when defending), Goal side, Pivot, Feed, volley, Forehand, backhand, Underarm & overhead serve, Backswing, Bowl, field, Set, dig, smash, Lay-up shot Opponent, opposition, Shield, Baseball hands (upward cradle), Bucket hands (Downward cradle), Hand-eye coordination, Pass and move, support, mark, Beating an opponent (wrong foot, drop shoulder, feint, Vision</p>
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CURRICULUM AREA: PE Games

Healthy hearts and happy minds

At Mount Charles School, we want our children to be happier, healthier and stronger.

Through PE and Sport, we aim to inspire and encourage pupils to see exercise as essential to both their physical and mental health

Purpose of Study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Subject Content

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should

develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Mount Charles School progression map

In KS2 children will be taught the following units during the year:

- Athletics,
- Dance,
- Games,
- Outdoor & Adventurous,
- Gymnastics
- Swimming