

# PE and School Sport Action Plan Mount Charles School 2024–2025

**Background** - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2024/2025	Funding allocated £19,240- (£16,000+ £10 per pupil yr1-6)
Lead Member of Staff – Shaun Grigg Sports HLTA Martin Yelland	2024/2025	Governor responsible – Peter Blenard
Total fund allocated - £19,040	Payments in Nov 24 and May 25	

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
<p><i>MCS has two allocated PE slots each week for all infants and juniors as recommended by the DFE School Sport and Activity Action Plan 2023 guidance. Where possible one of these slots is taught by a PE specialist. In KS2, each year group has one intensive swimming week which replaces one of these slots.</i></p>	<p><i>We use a high-quality PE resource published by Val Sabin to support planning and delivery of PE at MCS. We cover all the objectives outlined in the National Curriculum</i></p> <p><i>Swimming is taught in weekly blocks. Our local pool provides swim coaches assisted by our staff.</i></p> <p><i>We have moved from two swimming blocks to one due in part to rising costs.</i></p> <p><i>Post lockdown in 2021 we introduced a ‘recovery’ unit to each year group. This was based around improving stamina and recovering some of the ABC skills (agility, balance and co-ordination) lost during lockdown. We will again teach this unit as it replaces a swimming unit that we would have taught in previous years.</i></p>		<p>We are covering all the PE objectives detailed on our progression map through the two weekly slots.</p> <p>We have encouraging swimming data that is above national expectations.</p> <p>Inactivity is still a national issue. Our circuits (recovery) unit helps our children focus on personal best and being active. We monitor the success of our PE provision and keep records of children that need more support as well as those that excel. The priority we place on PE at MCS is continued in our extra-curricular offer. This year we are offering football, netball, girls’ football, dance and multi-skills, tennis, athletics, cricket and basketball.</p>	<p>Our Val Sabin units are taught alongside our PE topic PowerPoints. The PowerPoints are used before the lesson to explain the learning objective for the lesson. Any ‘sticky knowledge’ from prior learning is discussed. Before leaving the class, instruction is given on how the skills and activities we will use practise today, will help us to achieve the learning objective.</p> <p>On returning to class, the PowerPoint is used to review the learning and children are asked to self-assess against Bronze, Silver and Gold success criteria.</p> <p>In the coming year we will review the teaching resources we use. Our academy trust is in the process of streamlining the planning process across all the trust schools.</p> <p>This year we have switched to one swimming week per year for each of our KS2 classes. We have also used a ‘walking bus’ to help keep costs down. This year our swimming results have dipped. We will review the current year 5 data and consider allocating some of next year’s fund to support those that are unlikely to reach 25m.</p>	

Encourage use of equipment & active playtimes	Class TAs are with their own classes at breaktimes. This relationship should mean that it is easier to engage children and to take part in their active breaks	£TA hours	Children engaged in active playtimes. We rota year groups onto different playtimes so each gets to have ball games. Also, each year group uses the Playground equipment to build their gross motor skills. This was installed last year and we have trained the children in PE lessons how to use this equipment safely.	Ball games are encouraged and supervised at Lunch time as this is the longer break-MY Other equipment is available on a rota basis. All classes have been trained on how to use this safely. The children are enjoying using it . There are many access points so more children can be active at one time. We've also used this as part of rewards such as the attendance cup winners.
Encourage use of equipment & active playtimes.	Play Leader programme	£ Included in our PSSP subscription	34 of our Year 6 children were trained as Playleaders at the end of year 5. They are on a rota to work with our younger children to promote games and physical activities.	Throughout the year children in year 1,2 and 3 have been supported at lunch times by our playleaders. We have refreshed the team over the year and they have remained dedicated. We have recently trained our current year 5 children, ready to start in September.
Sports HLTA to Coordinate playground games and be on a Rota to move around year groups, organise games, supervise activities, resolve conflicts and help create a positive playground atmosphere. Co-ordinate and supervise the Play Leaders. To provide movement breaks for targeted children. MY will offer wider opportunities for school sport by running clubs	Employ Sports HLTA (Mr Yelland)	£15212.86	Mr Yelland has been able to promote physical activity at breaktimes and lunchtimes. He has organised games and the children are keen to participate. He has worked 1:1 on PE skills with targeted children during movement breaks. He delivers an after-school club each day enabling us to keep a wide extra-curricular offer. He helps to organise the administration of	We will look to fund part of Mr Yelland's salary again through the Sport Premium. This year he has run Football, Girls Football, Basketball, Tennis, Cricket and Athletics clubs. He has taken teams to football and netball fixtures in the Autumn and Spring Term. He has helped to organise cricket fixtures at St Austell Cricket ground in the Summer Term. He has taken children to the festivals and competitions we have entered via the PSSP and has taken children to School Games events.

after school and attending festivals and competitions both during and after school.			running clubs and in bringing in external providers. Mr Yelland helps to organise our attendance at fixtures, competitions and festivals. He works with the PE Lead to select children for events using our data we record on the Absolute Education APP.	
Keep PE teaching resources up to date. Maintain high quality, active PE sessions. Keep a dedicated store of PE equipment separate from playground equipment. Update Sports club equipment.	Replace & update Misc resources	£ 200.04	We have an inventory of all the PE and School Sports equipment. We have maintained it this year and have only needed small top ups.	We will set aside a similar amount to top up resources. There are no larger purchases needed.
Maximise activity during PE lessons	Children continue to come to school in PE kit on PE days	£39.95	Trialled last year. This has avoided PR time being spent changing. We also have spare kit in each year group to encourage participation. Sport Premium money was used to buy spare kit.	Most children are well presented in PE Kit. We will allocate a small amount for spare kit again. We will shortly review this and decide on next year. We now have house colour T shirts and will consider this for PE next year.
Engage children in more regular exercise.	Offer a wide range of active extra-curricular clubs.	£ None	We have good numbers attending active clubs. We keep records of attendance. Our figures:	Our figures compare well with previous years and we are pleased with the club offer. We have enough staff that will offer

Engage children in more regular exercise.	Use external providers to enhance our club offer	£378 (contributions towards this paid for club)	65% have tried at least one physical club (63.7% last year). This included 43% of our SEND children (60.8% last year) and 57% of our PP children (58.6% last year). Our figures for all extra-curricular clubs were: 78% at least one club (78.4% last year) 55% of SEND (70.6% last year) 71% of PP (72.4% last year)	physical clubs going forward and will review the offer with the help of Pupil voice. There was a dip in SEND attendance this year and we will investigate the reasons for this. While we offer two paid for clubs, this is an area to develop as this also forms good links with community clubs.
To raise water confidence and love of swimming at MCS.	Intensive week swimming lessons for KS2. We will review those not reaching expected levels and consider top up sessions using the Sport Premium next year	£Lessons covered by curriculum/PP budget	We invited back Dance4Real who ran a popular club last year.	We're keen to offer this again. It has not been full this year and we will review numbers when we negotiate with Dance4Real in the new term.
Children will improve their fundamental movement skills- balance, locomotor and ball skills. Provide a positive start to the day for targeted children.	FunFit program.	£ -part of MY role	All KS2 classes will have one intensive week of swimming lessons this year. Progress will be monitored.  Mr Yelland will run this daily in the hall. MY will maintain a register and liaise with the school SENDCO over the selection of children that will benefit from this program. Through this, children	Sessions are booked for next year. As mentioned above, we will consider additional sessions for some year 5 children.  Daily sessions have run throughout the year. MY runs two groups in the morning. Children enjoy these sessions and it supports their confidence and ability to access class PE lessons. MY is able to provide activities that develop motor

			will feel more confident in PE lessons. It also has a positive effect on getting children in to school on time and ready to start their day	competence as well as ball skills. This will be in our timetable again in the new year.
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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Effectively store and use data collected about Sports, PE and Extra-curricular offer at MCS.	Subscribe to Absolute Education.	£325 subscription	We are using this to record club registers. We will also record participation at sporting competitions, festivals and events. We will use the data to identify our less active pupils and look at ways to address inactivity.	We will subscribe to this App next year as well. It allows us to store Sport Premium information in one place. It also produces useful reports that we use to track our progress towards targets for attendance at clubs and sporting events.	
Raise the profile of PE and school sport by offering 'a wide range of extra-curricular sport and competitive opportunities' (DFE School Sport and Activity Action Plan)	Subscribe to Poltair School Sports Partnership (PSSP). Allow access to The School Games	£2000	This gives us access to a variety of festivals and competitions with our local area schools. This will include entry to School Games qualifiers and the Mid Cornwall Cross Country competition. PSSP make every effort to offer a broad range of competitions aimed at different abilities. The aim again this year is to mainly arrange events for children that have not had opportunities to represent their school previously.	This is the fourth year of the Poltair School Sport Partnership (PSSP). It is an important element of our children's access to competition and we shall continue to support it next year. A number of schools, including MCS have been part of meetings aimed at assessing and improving the offer provided by PSSP. Our trust is looking at closer involvement from all our primary schools and are considering ways we can utilise the expertise in our primary schools to deliver future sessions.	

Creating relationships with relevant external bodies	Local sports clubs to deliver taster sessions in school time	£ Aim is for free sessions	While we have had tennis and cricket sessions in the past we have found this difficult to achieve. However, we are pleased with our new links with Porthpean Golf Club	PSSP would like St Austell Schools to achieve a School Games Mark (Sports Award) next year to celebrate the offer we provide. This will be an agenda item at our next meeting.
Maintain quality PE provision.	Complete Subject Leader priorities including 100-day subject plan, monitoring and pupil conferencing.	£subject leadership cover	Termly targets can be tackled. Delivery of PE is consistently good. Support can be put in place by PE Lead and Sports HLTA	There is further work to do here. It is appreciated by parents and helps us direct our children to local sports clubs. It can vary from year to year depending on funding given to local sports bodies.
Celebrating achievement Weekly Annually	Sports superstar awarded each week in assembly. Sports awards assembly	£47.08	Each year we award trophies for sporting achievement. We recognise success, attitude and teamwork in various sports.	All the necessary monitoring has been done. However, this has been an Ofsted year for us and other subjects have been allocated more time accordingly. We are reorganising subject leadership next year and have a new PE curriculum lead. Their ideas will feed in to the Sport Premium for the new year.  We will discuss with the new subject leader and the head how we celebrate success in PE and school sport next year. This year we have made a 'Learning Journey' book with photos and write ups of the events we have been part of. It is a great visual journey that celebrates all the physical activity we promote at MCS.

### Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
PSSN Play Leader CPD.	M Yelland to attend training with children selected from year 5.	£ Free with membership of PSSP	This will refresh M Yelland's training and continue our program with our year 5 cohort. 34 children will be trained in the Summer Term	MY is currently putting together a timetable for the new year to support playtimes in our infant and lower junior classes.	
Be informed of best practice in PE	Attend county PE conference. Attend PSSP meetings.	£50	Mr Yelland & S Grigg attended the conference and attend PSSP meetings	The day itself was informative. Often, there are external providers looking to offer session for schools. This was limited this year. In the past we have had CPD opportunities for staff to work alongside coaches to deliver session in school for our children. We will revisit links with the Cornish Pirate, Cornwall cricket and the Spindrift Dance company next year.	

### Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Encourage children's interest in a new sport. (and creating relationships with relevant external bodies-see KI2)	Golf extra curricular club	£ Invoice to follow	MY has arranged sessions with the Golf Pro at Porthpean golf club. The club runs from 4:30-5:30 and children are dropped by parents to negate transport costs.	We have run this club after school hours and have nearly 20 members. Porthpean Golf Club have suggested Summer 2 next year and we will aim to offer this again as a paid for club.	



Help to keep children active during holiday periods.	Active Cornwall Holiday club at Poltair School.	£none	<p>The aim is for it to be self funding, with 20 children paying £2 per session. There may be some shortfall this year.</p> <p>The club offers physical activities that children may not have tried before. This includes funded places for those children in receipt of Pupil Premium. The day includes lunch. We signpost our children and parents via the Newsletter and email towards options for holiday periods.</p>	There has been limited take up by MCS children but we will continue to signpost our families. This year Poltair will also run transition sessions of rugby and netball for our current year 6 children who may be interested in team sports in September. We have given letters out to those children that have expressed an interest.
Encourage children's interest in a new sport.	PSSP festivals.	£included in membership	<p>PSSP offer includes some less traditional sports and certain festivals allow whole class attendance. We took over 250 children to 26 festivals last year.</p>	We took over 250 children to 26 festivals last year. We were able to take the year 3 year group to two events. At PSSP meetings we select the events we think our less active children will enjoy and have put together an appropriate programme for next year.
Encourage children's interest in a new sport.	Penrice competitions	£none	<p>Penrice have run some competitions aimed at upper juniors.</p>	We have supported this when possible and have attended a tag rugby and a basketball festival. We can walk to these events so there is no cost to us.
Encourage children's interest in a new sport and broaden horizons.	Trip to Somerset cricket ground to watch professional cricket	£Bus costs paid by children.	<p>We took 22 children to a county cricket fixture in Taunton with Somerset playing Nottingham. The tickets are free as part of</p>	This was the third year of running this trip and offers a rare opportunity for children living in Cornwall to watch professional sport. Now that Truro FC have a new

Encourage children's interest in cycling	Bikeability- delivered to year 6	£Funded places so no cost	'schools day' We shared transport and tickets with St Mewan.  Active Cornwall have taken over delivery of Bikeability. Last year only year 6 cohorts were offered the program so we have booked our current year 6 group in this year.	stadium, there may be other future opportunities.  After a year without Bikeability, it was good to offer this again. We had new providers, who are keen to return next year and have offered spaces for year 5 and year 6. We will liaise in the Autumn Term when funding is confirmed. We trained 27 children this year.
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#### Key Indicator 5 : Increased participation in competitive sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
<p><i>We keep records of participation on Absolute Education.</i></p> <p><i>Our participation at competitions and sports festivals was 73% (61% last year) of our children yrs1-6. This included 57% of our pupils with SEN (41% last year) and 65% of our PP children (57% last year)</i></p> <p>Play league fixtures in football and netball.</p>	SADFANA membership.	£No fees this year as agreed at AGM	Year 3/4/5/6 compete in football fixtures. Yr 5&6 compete in netball fixtures. We are active	Despite some issues scheduling this year, the league has run well and the children have enjoyed some excellent competitive	

Access FA county/national football competitions	Enter competitions and join sporting bodies where necessary	£25 affiliation fee  £72 competition fee	members of SADFANA (R Walters is treasurer) M Yelland and S Grigg attend meetings  We will play boys' and girls' cup fixtures. There is also a boys' and a girls' tournament. As there is no local girls league this is one of the opportunities to increase involvement in girls football	sport and represented their school well. We have had many year 3 and 4 children join local football clubs this year.  We have had both boys and girls year3,4, and year 5,6 tournaments. This year they have also run a year 2 tournament.
Home fixtures.	Penrice School have agreed to host home football fixtures.	£none	Netball and Football will be able to play home fixtures. This was trialled successfully last year and has reduced our transport costs and given our parents a chance to watch their children play.	This has again run well, with the groundsman getting the goals ready, leaving us to do a short pitch set up before we play. While we would love to have our own green space, we are very grateful to Penrice School.
Girls' friendly fixtures.	SADFANA is considering a Girls football league.	£Transport	We will continue to trial fixtures on a friendly basis on weeks when no SADFANA fixtures are scheduled. Results will be collated to review its success.	We have played friendlies against Sandy Hill and St Mewan this year as we can walk or use St Mewan's minibus to avoid transport costs. We will discuss this at the SADFANA AGM in the Autumn Term.
Increase participation in competition.	PSSP competitions and festivals.	£PSSP membership (transport-see below)  £149.66 staff overtime	Each half term this year there will be a theme/sport aimed at different age groups. This offers regular festivals/competitions. We will aim to travel to as many of these as possible	As mentioned above we have increased attendance at sports events this year to 71% of our children in Yr1-6.

Increase participation in competition.	PSSP run cross country league.	£Included in PSSP membership (transport see below)	These are monthly from OCT to FEB for year 4-6. We will send teams to each event we can attend	We have taken approximately 15 children to each race this year with 4 children qualifying for the county finals. There will be a new format next year organised again by PSSP.
Increase participation in competition.	Organise friendly football fixtures for those not involved in league matches from the year 5/6 football club and the year 3/4 club.	£Transport - see below	We offer football club to everyone, rather than just the school team. We will aim to offer all children the opportunity to represent their school by arranging friendly fixtures alongside our SADFANA fixtures. Children that are not regularly selected for school fixtures will still get the opportunity to represent their school.	We have approximately 90 children attending our football and girls football clubs. Each child has had the opportunity to represent their school this year and wear the MCS colours!
Increase participation in competition.	Cricket friendlies at St Austell Cricket club	£none	We help organise and run games with St Mewan on Tuesday evenings in the Summer term. We have arranged the free use of the ground weather permitting. Parents drop at the ground to negate transport costs.	While mainly aimed at the upper juniors, we have been lucky with the weather this year and have arranged two year 3 and 4 fixtures as well. A great introduction to cricket and held at our local cricket club.
Access county/national cricket competitions	Enter competitions and join sporting bodies where necessary	£30  £TBC further invoice of £120 expected	Cornwall cricket run tournaments including Rapid Fire & Continuous cricket for KS1 and year group competitions for KS2. There is also a girls competition for upper juniors.	Year 2,3,4, 5and 6 have all competed in tournaments this year.

Support and promote The School Games.	PSSP run School Games festivals and qualifiers at different times through the year.	£included with PSSP (transport-see below)	By buying into PSSP we have access to the School Games. The SGO runs qualifiers at Poltair. At the AGM we agreed that these would run in the regular Monday afternoon slot giving most access to our pupils.	The format will be changing again next year to reduce travel costs and hold 'finals' days within the local area. We shall support this whenever possible.
Competition for all children.	Sports day- tape, drinks, stickers. Toilet Hire. Trophy / shield engraving.	£10.14  £TBC £TBC	KS1 and KS2 will have a joint Sports Day held at Penrice School. The day will include fun activities for all with Inter House competition plus more traditional sprint races.	This is the fourth time Penrice have enabled us to hold this event. It was a very successful day where we were able to offer all children at the school some fun sporting competition. We were also able to have lunch on the field with our parents. This year we competed in our house colours, wearing our t-Shirts from our House Trip Outings. Points and trophies were also awarded to the infant year groups this year.
Allocate Sport Premium for transport costs	Hire, coaches and minibus. Share transport with other schools to PSSP events. Walk or share minibus transport for fixtures	£ 2748.51 (£4701 paid with £1952.49 back from shared transport)  (£4688 in 23/24)	Where possible we will share transport with another local school as this saved over £2000 on transport costs last year. M Yelland minibus driver training last year.	This year we have saved on transport costs in three ways: 1. We have shared coaches with other St Austell Schools. 2. Where possible we have walked-Sandy Hill fixtures and Swimming at Polkyth. 3. We have booked the minibus's from either Penrice or Poltair secondary schools. These are free and Mr Yelland is trained to drive these. We have recouped £1952.49 by coach sharing this year. Mr Yelland has coordinated this with the other schools and we will continue to look

Update school sports kit	Use sponsorship to help fund new sports kit	£none	We have received sponsorship from two companies this year. We have added the Mount Charles logo to a football kit we received from the Premier League Primary Stars Scheme. We have also bought a new Girls kit for our upper juniors with sponsorship money from Imerys.	at ways in which we can keep transport costs down.
Meeting national curriculum requirements for swimming and water safety				Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?				78%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?				68%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?				78%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?				Yes
Total funding - £19040		Total funding allocated to date – £19240		Total funding to be allocated –

