

Social, Emotional and Mental Health (SEMH)

<p>Whole school approaches The universal offer to all children and YP</p> 	<p>Additional, targeted support and provision</p> 	<p>Specialist, individualised support and provision</p> 
<ul style="list-style-type: none"> • All children feel heard and valued within the school environment. • Whole school, clear, expectations of behaviour, with consistent rewards and consequences. • Positive whole school learning environment with tasks differentiated to provide challenge and success. • Weekly assembly focus' and PSHE/Jigsaw sessions. • Two qualified Trauma and Mental Health Informed Schools (TMHIS) practitioners. • All staff trained in TMHIS strategies. • Emotion coaching • Building Learning Power • Wide variety of extra-curricular lunch and after school activities on offer. • Year 5 are Bikeability sessions. • Safety talks are provided by the Fire-brigade, coastguard, Junior life skills and other local services. • There is a named Designated Safeguarding Lead (Mrs Nancarrow). • Key staff are first aid trained. • All staff have appropriate training in Safeguarding and other key issues for safety. 	<ul style="list-style-type: none"> • Small group interventions based on developing self-esteem, social skills, life skills and regulating emotions. • Fun fit • Quiet club at lunchtime • Learning Mentors in school who will work with children on an occasional or regular basis who are experiencing emotional difficulties using 'Draw and Talk' where appropriate. • Social stories are used to develop understanding of social situations. • Brain breaks/movement breaks 	<ul style="list-style-type: none"> • TACs and annual reviews are supported by a range of agencies where appropriate. • Students with specific medical issues have an individual health care plan. • 1:1 sessions with our learning mentors to support children with emotional and behavioural difficulties. • Referrals can be made to the school nurse, Educational Psychologist, Penhaligan's friends, CLEAR counselling, Social Care through the Inclusion Lead. Please see the school website for more information. (Parents' Pages) • Involvement of Child and Adolescent Mental Health Service (CAMHS.) Referrals can be made through school for children who are experiencing more serious emotional difficulties where other interventions haven't been successful. • ASD and Dyslexia champions to provide strategies and support.